

What does your child need to learn about sex? A checklist for parents and carers'

This form has been given to you to complete on behalf of your child to help us determine which areas of sex and relationships education would be beneficial to them. Please tick any boxes that you feel would be important to cover and then prioritise those topics into the top 3 areas you would like to work on first.

- ☐ Personal hygiene
- ☐ Making choices
- ☐ Appropriate behaviour e.g. how to greet people
- ☐ Understanding the difference between public and private
- ☐ Learning to say 'no'
- ☐ Rejecting unwanted approaches
- ☐ Recognising and naming feelings
- ☐ Names of body parts
- ☐ Differences between male and female bodies
- ☐ Learning about periods and sanitary pads
- ☐ Learning about wet dreams
- ☐ Learning about masturbation
- ☐ How the body works (sexually)
- ☐ Learning about relationships
- ☐ Sexual activity
- ☐ Contraception
- ☐ Sexually transmitted infections
- ☐ Dealing with prejudice
- ☐ Other (please state)

Name of Young Person:

DOB:

Name of person completing this form:

Relationship to young person:

Date completed