

FINGER FOOD IDEAS

Breads and cereals	Buttered toast fingers, small bread rolls, sandwiches, crumpets, crackers and soft cheese, biscuits, scones, teacakes, fruit cake, waffles, soft cereal bars, small pitta breads
Meat, fish and alternatives	Meat cut into pieces, hamburgers, meatballs, sausages, slices of meat loaf, pieces of fish fillet, fish fingers, crab sticks, pork pie, slices of quiche, pizza, hard boiled egg quartered, kebabs
Dairy	Cheese cubes, slices of cheese on toast, milk lollies
Fruit (peeled if preferred)	Slices of apple or pear, melon wedges, pineapple chunks, orange segments, strawberries, raspberries, seedless grapes, bananas whole or sliced, dried fruit
Vegetables	Broccoli or cauliflower florets, carrot, Swede or parsnip cut into sticks, brussel sprouts, green beans, cucumber slices, celery sticks, tomato pieces, sliced peppers, mushrooms, courgette sticks. Potato wedges, small roast or boiled potatoes, sliced plantain.