

West Suffolk Community Local Action Policy for acceptance of referrals for residents in Care Homes

Residents must meet the following criteria to be referred to Community Dietetics

- Referrals with a MUST score of 2 or above AND the resident continues to lose weight after the implementation of food fortification for 4 weeks
- Referrals with a MUST score of 2 or above with a category 2 pressure ulcer or above can be referred to dietetics
- Any residents prescribed oral nutritional supplements not currently being monitored by a dietitian
- Please ensure that all sections of referral form are completed.

ALL referrals must be accompanied with

- A detailed 3-day food and fluid record chart (snapshot taken from 4-week food and fluid record chart) which must show evidence of implementing food first advice. (Example of a food diary in Nutrition Support Action Pack)
- Weight history chart. If no history of weight, please state why e.g. resident recently admitted.

If a referral is received without all the above information the referral will be rejected.

Please see the oral nutritional Supplements (ONS) in care homes policy and the Oral Nutritional Supplements in Care Homes: Information for Care Home Staff distributed by the Medicines Management Team for further guidance.

MUST Training

The West Suffolk Community Dietetic Team offer **FREE** MUST training. If you would like further information regarding MUST Training or to be added to the waiting list, please contact the team via email: communitydietitians@wsh.nhs.uk