

PATIENT INFORMATION

24 Hour Urine Collection

IMPORTANT



North East Essex and
Suffolk Pathology Services
A Partnership of Hospitals

- It is important that you follow the instructions carefully to ensure your sample is collected correctly and the containers are labelled properly.
- You will be supplied with a specimen container that will hold 2 litres (4.5 pints) of urine. Please ask for a second container if you expect to produce more than 2 litres of urine during the 24 hours of your collection.
- Please do not use a container of your own, as it will not be suitable for tests.
- Please do not empty the container or wash it out. It has been chemically cleaned and in some cases may contain a necessary preservative.
- Some containers may contain diluted **acid** so please take care. If you spill acid, wash immediately with plenty of water.
- It is recommended to begin urine collection in the morning.

2.5L 24-hour Urine Container
Re-order code: 720-A392 New code: 104-0409

2000ml

1500ml

1000ml

500ml

24-hour urine container 2.5L

Name: FORENAME, SURNAME
DOB: 01/12/2000
Ward:
Address: 10 ANY STREET
BURY ST. EDMUNDS
Doctor: DR. ANY DOCTOR
Start Date: 01/10 Start Time: 08:00
Finish Date: 02/10 Finish Time: 08:00

* IMPORTANT *
ENSURE CAP IS SCREWED ON TIGHTLY

1. At the start of your carefully timed 24-hour period, empty bladder completely and discard the urine
2. In the container provided, collect all further urine passed
3. At the end of the 24-hour period, empty bladder and add urine to the container
4. Return the container to the laboratory as soon as possible

NB. It is important that all urine passed in the 24-hour period is collected. Please take extra care when acid has been added to the container. Remember to label the container with name, address, date and time collected.

CE

exclusively from Consumables Solutions Ltd.
t 0844 893 6500 f 0844 893 6540

• Your first / last name
• Your date of birth
• Your address
• Your doctor/consultant
• Date of FIRST urination
• Date of LAST urination

• Time of FIRST urination.
• Time of LAST urination

- Do **NOT** collect your first urination of the day but **DO** write down the date and time of your first urination on the form and on the specimen container.
- Start collecting your urine the **SECOND** time you empty your bladder using a clean plastic container. Pour urine carefully into the 2 litre container. Clean and dry the plastic container.

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- After this time, collect **ALL** the urine you pass and transfer carefully into the container until the next day, at the same start time.
- If you fill the first bottle, please make sure you write the date/start time/finish time on the bottle. Write the date and the start time of your next urination on the second bottle.
- On the second day of collection, try to collect your last sample at the same time as your start time on the first day. This means you will have collected your urine over a full 24 hour period.
- Please deliver the collection to outpatient's Phlebotomy at West Suffolk Hospital or your local GP surgery as soon as possible.

Please remember to check that you have:

- Clearly written your name and date of birth on the container(s) matching the request form.
- Clearly written the dates of collection and the start and finish times.
- Checked that the lid is firmly screwed onto the container.

Additional notes for Creatinine Clearance Tests and 5HIAA Tests:

- **Creatinine Clearance Test:** Please attend outpatient Phlebotomy to have a blood sample taken at the same time as you deliver your 24 hour urine collection.
- **5HIAA Test:** For 24 hours **BEFORE** or during the collection **DO NOT EAT:** Walnuts, plums, bananas, avocados, tomatoes or caffeine (coffee, tea, cocoa, cola drinks), cough remedies containing phenothiazine or guaiaicol. Do not smoke nicotine or wear nicotine patches. These may interfere with the test result.

Please note: If urine leaks out of the container in transit, tests cannot be carried out.

Thank you very much for your co-operation