

# Macmillan Information Centre

## What's on? A month-by-month guide for 2025

January	Prostate support group 2nd Tues 6.30pm start	Mindful Movements	Complimentary therapy	Mama B's pamper day
February	<b>HOPE</b> Feb 6th —March 6th Prostate support group 2nd Tue 6.30pm	Mindful Movements	Complimentary therapy	Mama B's pamper day
March	Dream On pamper day  Prostate support group 2nd Tues 6.30pm start	Mindful Movements	Complimentary therapy	Mama B's pamper day
April	Easter creative workshop	Mindful Movements	Complimentary therapy	Mama B's pamper day
May	Prostate support group 2nd Tues 6.30pm start	Mindful Movements	Complimentary therapy	Mama B's pamper day
June	<b>HOPE</b> 5th June—July 10th Prostate support group 2nd Tues 6.30pm start	Mindful Movements	Complimentary therapy	Mama B's pamper day
July	Prostate support group 2nd Tues 6.30pm start	Mindful Movements	Complimentary therapy	Mama B's pamper day
August	Prostate support group 2nd Tues 6.30pm start	Mindful Movements	Complimentary therapy	Mama B's pamper day
September	Prostate support group 2nd Tues 6.30pm start	Mindful Movements	Complimentary therapy	Mama B's pamper day
October	<b>HOPE</b> 2nd Oct – 6th Nov Prostate support group 2nd Tues 6.30pm start	Mindful Movements	Complimentary therapy	Mama B's pamper day
November	Dream on Pamper day Prostate support group 2nd Tues 6.30pm start	Mindful Movements	Complimentary therapy	Mama B's pamper day
December	Creative workshop Prostate support group 2nd Tues 6.30pm start	Mindful Movements	Complimentary therapy	Mama B's pamper day