

Patient information

Low grade dyskaryosis

You were referred to the colposcopy clinic with low grade changes (**low grade dyskaryosis**) on your cervical smear test. This leaflet is to help you understand what to expect following your visit to the Colposcopy Clinic.

The colposcopist (a doctor trained in Colposcopy) has examined your cervix using a special microscope (a colposcope). This has allowed the doctor to see your cervix close up so that they could identify any abnormal areas. The doctor is able to identify any abnormal areas on the cervix by applying a vinegary solution (acetic acid) which changes the colour of the cervix if abnormal cells are present.

The changes the colposcopist identified today are low grade changes (minor changes in the cervix) which are in keeping with your smear result. These are one of the most common abnormalities to be found on the cervix after a colposcopy examination. The changes do not require any treatment but need to be kept under review.

These low grade changes may resolve by themselves and do not require any treatment but they do need to be kept under review with a further smear test in twelve months time at your GP surgery. If these changes persist you will be referred back to the Colposcopy clinic.

Follow up arrangements

You will need a repeat smear at your GP's surgery in one year's time. A reminder letter will be sent to you. If you have any queries regarding colposcopy and would like to speak to a nurse please telephone 01284 713601, an answer phone is available.

Additional Information

Smoking can make clearing these low grade changes from your body a much slower and less effective process. If you would like advice/information on stopping smoking please ask one of the members of the nursing team to refer you to one of the Stop

Smoking Teams.

Links: www.bsccp.org.uk

West Suffolk NHS Foundation Trust is actively involved in clinical research. Your doctor, clinical team or the research and development department may contact you regarding specific clinical research studies that you might be interested in participating in. If you do not wish to be contacted for these purposes, please email info.gov@wsh.nsh.uk. This will in no way affect the care or treatment you receive.

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (the new name for DisabledGo)
<https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust>



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