

Patient information

Gynaecology: post treatment surveillance

Name

CRN

Please report any of the following signs and symptoms:

- Vaginal bleeding or discharge
- Unexplained pelvic or abdominal pain
- Abdominal or leg swelling
- Changes in bowel or bladder function, lasting more than 2 weeks and which cannot be explained
- Any lumps, sores or changes in appearance on external genitalia

Please do not wait until your next clinic appointment.

We run the specialist clinic every week and will always be happy to see you at the next session.

How to contact us

You have been given a booklet containing information about your condition. However, when you get home, you may find that you or your relatives have unanswered questions or concerns. If so, the Gynaecology Specialist Nurse is available week days to answer your calls. The specialist nurse is also known as your 'key worker'. They will coordinate your care and provide advice and support to you and your family.

June Roebuck, Nurse Specialist

Lisa Patterson, Nurse Specialist

Telephone (direct line): 01284 713154

or West Suffolk Hospital switchboard: 01284 713000

If the Specialist Nurse is not available, please call the secretary:

Telephone (direct line) – 01284 713151 / 713405

Or you may prefer to discuss your concerns with your GP.

Helpful contacts

The Macmillan Information and Support Centre is located within the Macmillan Unit at the back of the West Suffolk Hospital. The Centre provides access to a wide range of information about cancer in a supportive and friendly environment. There are staff and volunteers you can speak to who can listen and chat and signpost you to further support if needed.

This service has been created for patients, families, carers and friends but also welcomes any person concerned or with questions about cancer. Monday to Friday 9.00am - 4.30pm. For more details please call **01284 713023**.

Financial problems

If you need financial assistance, the Macmillan Information and Support Centre will be able to offer information and refer you to a Macmillan Benefits Advisor. There are also other organisations which may be able to offer grants for cancer patients. Please contact the Macmillan Information and Support Centre for details on: **01284 713023**

To contact the Suffolk Macmillan Benefits Advisors please call: **0345 600 6257**

Email: [macmillanbenefitsadvice@ Suffolk.gov.uk](mailto:macmillanbenefitsadvice@ Suffol.k.gov.uk)

Further financial advice can be obtained by calling the Macmillan Cancer Support Helpline on **0808 808 0000**, or www.macmillan.org.uk

Prescriptions

Patients with cancer DO NOT have to pay prescription charges. In order to make sure you get your prescriptions free of charge you will need to speak to your GP (not your hospital doctor) about how to obtain a valid exemption certificate (form FP92A).

Links

www.cancerhelp.org.uk

Ovarian cancer: www.ovarian.org.uk or www.ovacome.org.uk

Cervical cancer: www.jotrust.org.uk

Vulval cancer: www.vaco.co.uk

www.eveappeal.co.uk: offering info and support on all gynaecological cancers

West Suffolk NHS Foundation Trust is actively involved in clinical research. Your doctor, clinical team or the research and development department may contact you regarding specific clinical research studies that you might be interested in participating in. If you do not wish to be contacted for these purposes, please email info.gov@wsh.nsh.uk. This will in no way affect the care or treatment you receive.

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (formerly DisabledGo)

<https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust>



© West Suffolk NHS Foundation Trust