

Patient information

Endometrial Biopsy

Introduction

You have just had a biopsy to remove a small sample of the endometrium (lining of the womb). This will be sent to the laboratory for further investigation. The following notes are to help you understand what to expect following your biopsy.

Following your biopsy

You may experience some bleeding or a discharge following the biopsy over the next few days, you may need to use pads (sanitary towels). If the bleeding becomes heavy or the discharge becomes offensive, causes irritation or soreness, please contact us or your GP for advice.

Following the procedure you may experience some pain or discomfort. This usually wears off quite quickly but you may wish to take some pain relief such as paracetamol or ibuprofen.

You should avoid sexual intercourse until any bleeding has stopped.

You should avoid exercise for the rest of the day. No swimming until the bleeding has stopped.

Results and follow-up

The biopsy has been taken to investigate possible abnormalities in the Endometrium (lining of the womb). You will be contacted (as agreed during the consultation) when the results are available (usually between 3 - 4 weeks). If the biopsy is not informative or suggests an intrauterine polyp a further investigation called a hysteroscopy may be indicated. This involves passing a telescope into the uterus to take further samples.

Source: Women & Children's Health

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Page 1 of 2



If you have any questions or concerns please contact the Gynaecology Nurse on 01284 713601

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