

Patient information

Lateral tarsal strip

Information for patients following lateral tarsal strip

- A lateral tarsal strip is a procedure to tighten the lower eyelid and to prevent the eyelid turning out (Ectropion) or rolling in on the eye (Entropion). It is also sometimes used to treat watering symptoms.
- The lid is tightened at the outer corner by stitching the outer part of the lid to the tissue covering the bone. It is commonly tender here for several weeks following surgery.
- The surgical time is about 45 minutes. The surgery is often combined with additional other small procedures to correct your particular problem.

After the operation

- Keep the eye pad on overnight as this helps to reduce swelling and bruising.
- When removing the eye pad, do not worry if it is blood stained. Clean the eye with cooled boiled water if necessary. The skin stitches will dissolve and do not need to be removed. Keep the stitches as dry as possible.
- When the anaesthetic wears off, there may be some discomfort. You may find

mild painkillers such as paracetamol helpful.

- If you are instructed to use antibiotic drops or ointment, try to do so without pulling on the lower eyelid.
- There may be some swelling and bruising of the lower lid at the corner of the eye. This is quite normal and will settle over a couple of weeks.
- If you have any queries regarding your treatment, please telephone the Eye Clinic using the contact numbers below.

If you wish to contact the

Eye Department

Telephone 01284 713815 / 01284 712636

Monday – Thursday 9:00 am – 5:00 pm

Friday 9.00 am – 1.00 pm

At the weekend and out of hours:

Telephone 01284 713000

and ask to speak to the ‘on call’ ophthalmic doctor.

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (the new name for DisabledGo) <https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust>



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