

Patient information

Advice following Ear Surgery

You have had the following surgery to your ear

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You will have a dressing inside your ear canal. This will be removed by your Doctor/Nurse Specialist at your Outpatients appointment. If it falls out, do not try to replace it. However, you may change the cotton wool as necessary. If it is stuck to the inner pack, trim it off very gently.

You should **not** continue to use cotton wool at the entrance to your ear for more than three days after your operation. If there is still some discharge after this time, then carefully wipe it away with cotton wool when necessary.

Do not allow your ear to get wet until after your Outpatients appointment.

If you need to sneeze, do so with your mouth open.

Avoid flying, contact sports and swimming until advised by your Doctor at your Outpatients appointment.

Contact the ENT Nurse Specialist on 01284 713559 if:

- you have any severe pain or discharge from your ear
- you develop a high temperature or fever

Stitches will usually be removed at your Outpatients appointment which will be given to you on discharge or sent through the post.