

Patient information

Welcome to the community diabetes nurse service.

You have been referred to the community diabetes specialist nurse service for support with your diabetes management.

We are a team of nurses who have specialist training and experience in helping people manage their diabetes.

Your GP or Practice nurse has referred you to our team to discuss your blood glucose results and your diabetes medication so that we can help you make a plan to achieve the results you would like to see.

We are well placed to offer you information and practical help to improve your blood glucose control and reduce the long-term risks of poorly controlled diabetes.

Your initial appointment is face to face in the GP surgery but follow up appointments may be by telephone or face to face.

To make sure you can use the appointments successfully, please bring with you to your appointment or have to hand if you are on the telephone:

- Your blood glucose meter
- Any recent blood glucose records you have recorded.
- A list of your medication
- A record of your food and drink intake over the last 3 days

If you are not able to attend your appointment, please ring 01284 712832 or email communitydiabetes@wsh.nhs.uk to reschedule or to let us know that you do not wish to have an appointment.

Following your initial assessment, you will be asked to keep in contact with the community diabetes nurse team by telephone or email as above.

It is your responsibility to keep in contact with the team for support with your diabetes following your first appointment.

If you would like any information regarding access to the West Suffolk Hospital and its facilities, please visit the website for AccessAble (formerly DisabledGo) <https://www.accessable.co.uk>



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