

## Patient information

# Photodynamic Therapy (PDT) *Aftercare - daylight*

- Once your treatment has been completed please ensure the treated area(s) are protected from daylight and artificial light for the remainder of the day.
- After treatment, irritation and discomfort may persist and can take a few days to settle down and subside. If this occurs it may help to take your usual painkilling medicine.
- The treated area(s) may appear red, swollen or crusted and this is a normal response. A dressing may be applied if it causes you a problem.
- If the area treated is in the 'T' zone (around the forehead, nose and eyes), you may experience some swelling in these area(s) or your eye lids on the treated side. This is not very common, but can occur. Sleeping propped up with extra pillows can help to reduce this. This irritation is caused by a normal soft tissue response to the chemical reaction that has taken place during your treatment.
- You are advised to keep the area(s) dry until the following day when you may shower or bath as normal.
- Remember to telephone your Photodynamic Therapy Nurse on **01284 713575** to share the outcome details of your treatment with them so that these can be added to your hospital records as appropriate.
- A moisturiser may be used to minimise the build-up of scale or crusting. It may take 7-10 days for the affected skin to settle down.
- You may observe a change to the pigment in the treated area(s). This should also settle over time.

- Very occasionally the area can become infected. If you are concerned please contact your hospital nurse to let them know. Alternatively you may be asked to contact your GP/Practice Nurse.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet.

You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.

*If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the hospital website [www.wsh.nhs.uk](http://www.wsh.nhs.uk) and click on the link, or visit the disabledgo website:*

*<http://www.disabledgo.com/organisations/west-suffolk-nhs-foundation-trust/main>*