

## Patient information

# Warfarin and surgery/procedures

A useful guide for patients taking warfarin who are having surgery or a procedure that requires the warfarin to be suspended.

## What to do if your surgery/procedure is cancelled.

You will be contacted by the ward or day surgery unit if your surgery is cancelled – they should instruct you regarding restarting your warfarin, the dose that you need to restart on and the date to get your INR checked.

If you are unsure of what to do regarding restarting your warfarin, please do not hesitate to call your warfarin monitoring team for assistance. Mon – Fri 10:30 – 13:00hrs 01284 713085 for the West Suffolk Hospital Anticoagulation Monitoring Service (AMS) or E-mail <a href="mailto:Anticoagulation.Service@wsh.nhs.uk">Anticoagulation.Service@wsh.nhs.uk</a>. E-mails will be answered Monday – Friday 09:00hrs to 18:00hrs except for Bank Holidays.

You may require Tinzaparin injections to be given until your warfarin is re-established and your INR is back in your normal range. If your surgery or procedure is cancelled prior to you being admitted the injections will be prescribed by the Pre- assessment unit and if you have been admitted to hospital on the day of your surgery/procedure, then the surgical team who is responsible for your care will prescribe the Tinzaparin injections.

## Areas not covered by the West Suffolk Hospital AMS

If you are monitored by any of the below services, please inform them that your surgery/procedure has been cancelled and the plan that you have been given regarding your Warfarin:

- Grove Surgery Thetford
- School Lane Surgery Thetford
- Feltwell Surgery
- Staploe Medical Practice
- The Parish Fields Diss

Patients that live in Stowmarket may have their warfarin monitored by Ipswich AMS (01473 702677).

Patients that live in Haverhill may have their warfarin monitored by Addenbrookes AMS (01223 217217).

#### After your surgery

Your surgical team is responsible for instructing you on when to restart your warfarin and the dose they recommend that you take on your discharge. They also need to advise you when to get your next INR taken.

Reference No: 7115-1

Source: Anticoagulation and DVT

Issue date: 20/06/25 Review date: 20/06/27

Page 1 of 2

Putting you first

The surgical team is responsible for ensuring that you are discharged with enough Tinzaparin injections\* to be given while you are reloading on your warfarin.

The anticoagulation monitoring service will be notified of your discharge, and the Doctor will usually contact the AMS to plan for your warfarin monitoring after you are discharged.

\* Not all patients require Tinzaparin injections after stopping their warfarin when discharged, you will be advised if you require these at your pre- assessment appointment.

#### **Feedback**

Please tell us about your experience following your appointment. You can email PALS@wsh.nhs.uk

#### **Data Protection information**

West Suffolk NHS Foundation Trust will manage your information in line with the General Data Protection Regulation 2018. The information you provide will be retained for the purposes of your healthcare. The information will be retained in line with the NHS Records Management Code of Practice for Health & Social care.

You have rights in relation to the way we process your information. If you no longer want us to use your information for the purposes specified above; if you want to request to have your information erased or rectified, please contact the Information Governance team on 01284 713454 or email info.gov@wsh.nhs.uk

We will review all requests in relation to your rights under GDPR, along with our responsibilities for record keeping.

Images may be used for research purposes as well as teaching. Patients must inform a member of staff if they do not consent to this. As part of a shared service agreement with other NHS organisations, your radiology images and records may be shared with these other organisations as part of determining and providing your care. If you would like to know more about the extent of this sharing, or you wish us not to share at all with another organisation, or have any other concerns about it, please contact a member of staff.

Further information can be found at: Protecting your information (GDPR) (wsh.nhs.uk)

If you would like any information regarding access to the West Suffolk Hospital and its facilities, please visit the website for AccessAble (formerly DisabledGo) <a href="https://www.accessable.co.uk">https://www.accessable.co.uk</a>



© West Suffolk NHS Foundation Trust

Reference No: 7115-1

Source: Anticoagulation and DVT

Issue date: 20/06/25 Review date: 20/06/27

Page 2 of 2

Putting you first