

Patient information

Deep vein thrombosis clinic (DVT) - discharge information

Discharge guidance

You were assessed today _____ for a suspected blood clot in your arm/leg (deep vein thrombosis - DVT).

The result of your ultrasound scan today did not identify the presence of a blood clot (DVT).

Can I still have a blood clot (DVT)?

There is a very low risk of DVT in patients who have been assessed however you should look out for:

- Increased swelling of the affected arm/leg
- Increased pain in affected arm/leg
- Pain or tenderness along the length of vein in the affected arm/leg

If your symptoms do not resolve or increase in severity, please return to your GP or Accident and Emergency department.

Attend Accident and Emergency **URGENTLY** if you develop any of the following symptoms:

1. Sudden onset of breathlessness that is unusual for you
2. Chest and/or back pain that is unusual for you

3. Coughing up blood (Haemoptysis)
4. Fast heart rate, racing pulse or palpitations
5. Episode of collapse

Advise the A&E staff you have recently been investigated for a DVT.

To reduce your future risk of DVT ensure you keep as active as possible, maintain adequate hydration.

If you feel you would like more information, please contact the DVT Nurse Specialist service on **01284 713092** between the hours of 8.00am – 4.00pm Monday to Saturday.

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (the new name for DisabledGo) <https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust>



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