

## Patient information

# Child preputial stretch

## General information

Your child has been selected for day surgery and the procedure that has been decided is most appropriate for your child is a division of prepuccial adhesions.

Prepuccial adhesions develop between the penis and the foreskin and prevent the foreskin from retracting.

These procedures involve releasing these bands of tissue to allow the foreskin to retract comfortably.

## Post-operative advice

- The penis will appear swollen and red immediately post-operative, this is quite normal and will go down after a few days.
- There may be some oozing of blood and occasionally there is a little bleeding after the passing of urine. This is also quite normal and will stop after a day or two.
- The penis should be kept clean and dry for 24 hours. Thereafter a daily bath / shower should be encouraged.
- A certain amount of discomfort is normal and medicines such as Calpol® (paracetamol) and ibuprofen should be given regularly for the first two days, then as required. Please follow the instructions on the bottles. See the pain information leaflet for further details.

**Your child's last pain relief in the Day Surgery Unit was given at:**

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- Your child needs to be watched closely for 24 hours after discharge and should be encouraged to take part in restful activities.
- Any rough play, climbing, contact sports and riding a bicycle should be avoided for one week.

Special instructions.....  
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Outpatient appointment ..... This will be sent to you.

Return to school .....

**Contact your GP or GP out-of-hours service if:**

- your child has severe pain
- any bleeding cannot be stopped after half an hour
- the penis becomes more swollen, red, hot and/or produces a discharge as he may have an infection

If you require further advice, please contact the Martin Corke Day Surgery Unit on 01284 713959 between 7.45am and 8.00pm, Monday to Friday.

Outside of these hours contact the paediatric ward F1 on 01284 713315. Please have your hospital number on the discharge letter available.

Or

NHS 111

*If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (the new name for DisabledGo)*  
<https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust>



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