

Patient information

Day surgery trauma list

Introduction

Day surgery trauma lists are to treat suitable patients with your type of injury.

- You have been assessed by a member of the orthopaedic team.
- We believe that you are suitable for having an operation for your injury performed in the Day Surgery Unit.
- This avoids you having to be admitted to hospital.

This will:

- Allow your operation to be carried out at a fixed time.
- Be more convenient for you.
- Reduce the need to use inpatient beds.

There will be an opportunity to discuss your surgery with a surgeon when you attend the day surgery unit on the day of your operation.

Important details

Please read the separate pre-assessment information leaflet carefully as it contains important details about your surgery.

However, we would emphasise the following:

- You will not be able to have your operation unless there is someone available to take you home and look after you for the 24 hours after your operation.

It is important that you have had nothing to eat or drink from midnight. This includes sweets and chewing gum.

- We would ask you to have a glass of water only at 6.30 am in the morning and then nothing at all after that.
- Further details are in the pre-assessment information sheet.

Where to come

Your operation will be carried out in the Martin Corke Day Surgery Unit at the West Suffolk Hospital.

- The day surgery unit is located at the back of the West Suffolk Hospital
- There is a drop off point outside for anyone bringing you to the unit by car.

How to manage your injured limb

You should be given advice about how to manage your injury while you are awaiting your operation by the doctor or nurse you see in the A&E department or fracture clinic. In general:

- Keep your arm or leg elevated as high as you can comfortably (using cushions and pillows) as this will help reduce the swelling.
- If your hand or leg is too swollen on the day of operation, it may need to be postponed until the swelling has gone down.

If you find that your injured limb is becoming increasingly painful despite keeping it elevated

either

- Contact the on-call orthopaedic registrar at the West Suffolk Hospital (see contact details on the back page)

or

- Come to the Accident and Emergency department

Contact details

Orthopaedic on call team (emergencies only):

- **01284 713000** (main hospital switchboard) and ask for the on-call orthopaedic registrar.

For other advice about your injury ring the fracture clinic team Monday to Friday
7.00am - 5.00pm:

- **01284 713309**

Day Surgery Unit reception between 7.45am and 8.00pm:

- **01284 713050**

*If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (formally DisabledGo)
<https://www.accessable.co.uk>*

