Patient information

Frenuloplasty

Martin Corke Day Surgery Unit

Frenuloplasty

What is it?
The frenulum is the band of tissue between the end of the penis and the foreskin. Frenuloplasty involves releasing this band to allow the foreskin to retract comfortably.

Post-operative advice
Your stitches will begin to dissolve in 2 – 3 weeks.
Your penis will appear swollen and red immediately post operative, this is quite normal.

Discharge advice
You may experience some moderate pain, which can be relieved by taking painkillers. It is advisable to have a supply of paracetamol and ibuprofen at home.

You may have a quick bath / shower after 24 hours.
The groin area can be hot and sweaty and the bacteria that normally lie on the skin can occasionally lead to an infection. A daily bath/shower is recommended and clean underwear.
Should any bleeding occur, apply gentle pressure with a clean cotton handkerchief or gauze.
You may resume sexual activity once the wound has healed in approximately 2 - 3 weeks.
Avoid contact sports and riding a bicycle until comfortable.

Special instructions ……………………………………………………………………………
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If your surgery is straightforward, you will not routinely return for a follow up appointment.

Putting you first

Return to work …………………………

Contact your GP or GP out-of-hours service if:

You have severe pain.

You experience severe or uncontrolled bleeding.

The operation site becomes increasingly swollen, red, hot and / or produces a discharge - you may have an infection.

If you require any further advice, please contact the Martin Corke Day Surgery Unit on 01284 713959 between 7.45am and 8.00pm, Monday to Friday

Outside of these hours contact the surgical ward F5 on 01284 713262 and speak to the nurse in charge. Please have your hospital number on the discharge letter available.

Or

NHS 111

If you would like any information regarding access to the West Suffolk Hospital and its facilities, please visit the website for AccessAble (formerly DisabledGo) https://www.accessable.co.uk