

Patient information

Transcervical Resection of the Endometrium (TCRE): post-operative

To be read in conjunction with Transcervical Resection of Endometrium pre-operative leaflet

Post-operative advice

- You will have been given painkilling and anti-sickness medication as appropriate during the operation.
- Antibiotics will also have been given, to reduce the risk of infection.
- You will have a small amount of vaginal bleeding.

You will be checked at regular intervals by the nursing staff in recovery and the ward. You will be given further treatment as appropriate before a discharge home.

Post-operative discharge advice

- You will have a small amount of bleeding for a day or so and you will see a brown vaginal discharge for a few weeks. To reduce the risk of infection, please use sanitary towels or panty liners, **not tampons**.
- Do not have sexual intercourse until the discharge has stopped.
- You may have a quick bath / shower after 24 hours, thereafter daily.
- You may experience some lower abdominal discomfort, like a period pain. This can be relieved by taking painkillers such as paracetamol, ibuprofen or similar pain-relieving medication.

Special instructions

.....

Outpatient appointment.....

This will be sent to you.

Return to work / driving

Contact your GP or GP out-of-hours service if:

- You have severe pain or fever
- Vaginal bleeding increases to more than what you would consider to be a heavy period
- The blood loss contains clots of blood
- You develop a smelly or offensive discharge

For further information

If you require any further advice, please contact:

The Martin Corke Day Surgery Unit on 01284 713050 between 7.45am and 8.00pm, Monday to Friday.

Outside of these hours, please contact the gynaecology ward on 01284 713235 or 713236 and speak to the nurse in charge. Please have your hospital number on the discharge letter available.

Or contact NHS 111

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (the new name for DisabledGo) <https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust>



© West Suffolk NHS Foundation Trust