

## Patient information

# Fentons procedure

This is performed to remove scar tissue or an area of constriction around the perineum and entrance to the vagina. The area is re-fashioned and shaped by trimming and stitching the affected area under general anaesthetic.

## Following your surgery

Dressings .....

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- You may have a quick bath / shower after 24 hours, thereafter daily.
- Stitches will be dissolvable and do not need to be removed.
- You may experience some mild to moderate pain, which can be relieved by taking painkillers such as paracetamol and ibuprofen at home or other similar pain relieving medication.
- You may experience some bleeding after your operation. To reduce the risk of infection, please use sanitary towels or panty liners - **not tampons** - until your next period. These should be changed regularly.
- Do not have sexual intercourse for two weeks to allow healing to take place.
- It is quite normal for the operation site to feel sensitive and bruising to be present.

Special instructions .....

Outpatients appointment .....

Return to work .....

**Contact your GP or GP out-of-hours service if:**

- The area becomes increasingly red, hot and / or produces a discharge - you may have an infection present
- Any vaginal bleeding you experience increases to more than what you would consider to be a heavy period
- The area becomes abnormally swollen or bruised
- You have severe pain

If you require any further advice, please contact the Martin Corke Day Surgery Unit on 01284 713050 between 7.45 am and 8.00 pm, Monday to Friday.

Outside of these hours contact the gynaecology ward on 01284 713235 / 713236 and speak to the nurse in charge. Please have your hospital number on the discharge letter available.

Or contact NHS 111

*If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (the new name for DisabledGo)*  
<https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust>



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