

# Patient information

## Child orchidopexy

Your child has been selected for day surgery and the procedure that has been decided is most appropriate for your child is child orchidopexy.

### What is it?

At birth, boys normally have two testicles in the scrotal sac (the pouch under the penis). Sometimes one remains in the groin area and an operation has to be performed to bring this testicle down into the scrotal sac, the normal position for fertility.

### Following the surgery:

- Unless instructed otherwise after your child's discharge please leave the dressings on for 48 hours and keep them clean and dry. It is quite normal for some bruising around the operation site.
- Stitches will dissolve and do not need to be removed.
- Steristrips will fall away in 7 - 10 days. If not, you can gently remove them.
- A quick bath or shower is recommended after 48 hours. Thereafter a daily bath / shower should be encouraged.
- A certain amount of discomfort is normal and medicines such as Calpol® (paracetamol) and ibuprofen should be given regularly for the first 2 days, then as required. Please follow the instructions on the bottles. See the pain information leaflet for further details.
- Older children may require supportive underwear for two weeks.

## Your child's last pain relief in the Day Surgery Unit was given at:

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- Your child should be encouraged to take part in restful activities and be watched closely for 24 hours after discharge.
- Any rough play, climbing, contact sports and riding a bicycle should be avoided for one week.

Special instructions .....

Outpatient appointment.....this will be sent to you

Return to school.....

## Contact your GP or GP out-of-hours service if:

- your child has severe pain
- the operation site becomes increasingly swollen, red, hot and / or produces a discharge, your child may have an infection
- bruising is severe

If you require further advice, please contact the Martin Corke Day Surgery Unit on 01284 713050 between 7.45am and 8.00pm Monday to Friday.

Outside of these hours contact ward F1 on 01284 713315. Please have your hospital number on the discharge letter available.

Or

NHS 111

*If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (the new name for DisabledGo)*

<https://www.accessable.co.uk>

