

Patient information

Cystoscopy

Martin Corke Day Surgery Unit

Cystoscopy

What is it?

It is a procedure where a fine telescope called a cystoscope is passed up the urethra (the tube from which you pass urine) into the bladder.

This fine telescope allows the surgeon to inspect the inside of the bladder. It is a diagnostic investigation, a means of finding the cause of your symptoms.

Small samples of tissue may be taken from your bladder and these will be sent to the Pathology department for examination and the results will be given to you at a later date.

The surgeon may also wish to perform at the same time a '*urethral dilation*'. This is where the urethra is gently stretched/dilated to allow the urine to pass down it.

Following your surgery

You may experience some mild to moderate pain. This can be relieved by taking painkillers. Paracetamol or similar pain-relieving medication is appropriate.

You may experience a "stinging" sensation and your urine may be blood stained. The stinging can be relieved with painkillers and it is important to drink plenty of fluids in the days following your operation to dilute your urine and clean the bladder out.

You may have a quick bath / shower after 24 hours, thereafter daily.

If you are having difficulty passing urine a warm bath may help you to relax. However, we do remind you that you have had a general anaesthetic, and we advise you to have someone close by when taking a bath during the first 24 hours.

Special instructions.....
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Outpatient appointment
This will be sent to you.

Return to work.....

Contact your GP or GP out-of-hours service if:

you are unable to pass urine for 6 hours and your abdomen (tummy) is becoming distended and / or your bladder feels very full.
any bleeding increases to a dark wine colour and / or you produce large clots of blood from your bladder.
you have severe pain.

If you require any further advice, please contact the Martin Corke Day Surgery on 01284 713959 between 7.45am and 8.00pm, Monday to Friday.

Outside of these please contact the surgical ward F5 on 01284 713262 and speak to the nurse in charge. Please have your hospital number on the discharge letter available.

Or

NHS 111

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (formerly DisabledGo)
<https://www.accessable.co.uk>



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