

Patient information

Plastic surgery

Why is it carried out?

To remove small lesions where tissue has changed on your body or face. The surgery is carried out in such a way as to try and minimize problems with function or appearance of the area. If the lesion is on your face the surgeon will use the natural contours and wrinkles to remove the tissue.

The lesion-tissue, which has been removed, will be sent to pathology for examination and the results will be given to you at a later date.

Following your surgery

Stitches / staples will be removed by:

- your practice nurse on
- the dressings team on

Having your stitches / staples removed can be sore. Please take some simple painkillers such as paracetamol before you attend to have them removed.

- Steristrips: leave intact for 1 week or until otherwise advised to remove.
- The operation site needs to be kept clean and dry. Please leave your dressing intact and follow the written instructions.

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- Should any bleeding occur, leave the dressing intact and apply gentle pressure with a clean cotton cloth e.g. a handkerchief for 15 minutes.

- It is quite normal to notice some bruising around the site.
- You may experience some mild to moderate pain. This can be relieved by taking painkillers. If on discharge you are given 3 - 5 days supply of painkillers, these may be taken as prescribed; otherwise paracetamol or similar pain relieving medication is appropriate.
- It is quite normal for the operation site to feel sensitive for several days.
- Do not use makeup, creams or any perfumed products near the wound until the stitches are removed / dissolved and / or the wound has fully healed. Thereafter sun block should be used when outside.

Special instructions.....

Outpatient appointment.....

This will be sent to you.

Return to work / school

Contact one of the following if:

- you experience severe pain
- any bleeding is not controlled within 30 minutes to one hour
- your wound becomes red, hot and swollen as this may indicate an infection

The Martin Corke Day Surgery Unit on 01284 713050 between 7.45 am and 8.00 pm, Monday to Friday.

Outside of these hours contact the surgical ward F5 on 01284 713262 and speak to the nurse in charge. Please have your hospital number on the discharge letter available.

For children: Outside of these hours contact the paediatric ward F1 on 01284 713315. Please have your hospital number on the discharge letter available.

Your GP

Or NHS 111