

Patient information

Circumcision

What is it?

The foreskin is the skin that envelops the top of the penis and is usually retractable. A circumcision removes this skin leaving the top of the penis exposed, and a row of stitches is placed around where the excess skin has been removed.

Post-operative advice

- Your stitches will begin to dissolve in 10 – 14 days
- A piece of blue or white paraffin gauze may be used as a dressing. If this falls off, do not worry.
- Your penis will appear swollen and red immediately post-operative, this is quite normal.

Discharge advice

- You may experience some moderate pain. This can be relieved by taking painkillers. It is recommended to have a supply of paracetamol and ibuprofen at home.
- You may have a quick bath / shower after 24 hours. If the dressing is still around the tip of your penis allow it to become wet and gently remove it – it may have become stuck.
- The groin area can be hot and sweaty and the bacteria that normally lie on the skin can occasionally lead to an infection. A daily bath / shower is recommended and clean underwear.
- Should any bleeding occur, apply gentle pressure with a clean cotton handkerchief or gauze.
- You may resume sexual activity once the wound has healed in approximately 2 -

3 weeks; however, following the surgery you may notice an increase in sensitivity leading to frequent erections. This can cause tenderness but will soon settle down.

- Avoid contact sports and riding a bicycle until comfortable.
- If your surgery is straightforward you will not routinely return for a follow up appointment.

Special instructions.....

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Return to work.....

Contact your GP or GP out-of-hours service if:

- You have severe pain.
- You experience severe or uncontrolled bleeding.
- The operation site becomes increasingly swollen, red, hot and/or produces a discharge, you may have an infection.

If you require any further advice please contact the Martin Corke Day Surgery Unit on 01284 713959 between 7.45am and 8.00pm, Monday to Friday.

Outside of these hours contact the surgical ward F5 on 01284 713262 and speak to the nurse in charge. Please have your hospital number on the discharge letter available.

or

Or NHS 111

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (the new name for DisabledGo) <https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust>



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