

Patient information

Radial coronary angiogram - discharge advice

- Do not drive for 48 hours.
- Avoid any heavy lifting for 48 hours; this includes children, pets, shopping, saucepans.
- You may remove the plaster tomorrow. From then on you may have a bath or shower as normal, but avoid applying talcum powder and/or lotions around the wound for one week.
- You should expect some bruising. This is normal so long as the area stays soft. If you have any concerns contact your GP.
- Minor aching can be relieved by pain relief medication (such as paracetamol) but pain should be reported to your GP immediately.
- Any redness, inflammation or oozing from the wound is not normal. You must contact your GP immediately.
- A pea-sized lump may develop at the incision site, anything larger than this should be seen by your GP.
- In the event of a bleed from the wound, **try not to panic**. Sit down and apply firm pressure to your wound and keep your arm raised above your chest. Ask someone to telephone 999 for medical assistance.

Drug information

- If you take **Metformin** do not take for 48 hours following your angiogram.

- If you take either **Warfarin, Apixaban, Dabigatran, Edoxaban or Rivaroxaban** you may take your usual dose this evening, unless the doctor has instructed otherwise.
- If you take **Warfarin**, you need to make an appointment to have your INR checked at your usual anticoagulant in one week.

Dental care

If you have heart valve disease, it is vital to have dental checks six monthly and to keep your teeth and gums healthy. Please inform your dentist that you have heart disease, as you will need antibiotics for certain dental treatments

If you have any queries after your discharge do not hesitate to contact the Cardiac Centre

Cardiac Day Unit Reception 01284 712759 / 712713

Cardiac Centre Ward 01284 713332

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (the new name for DisabledGo)
<https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust>



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