

Patient information

Cardiac Revascularisation Clinic

(following cardiac intervention or coronary artery bypass surgery)

Introduction

This clinic has been set up to offer patients who have undergone cardiac investigations, cardiac intervention or surgery, an earlier appointment for review and consultation with the cardiology nurse specialist team, alongside our cardiology consultants, which allows you to receive advice and information that will help your recovery.

Before the clinic appointment

It may be necessary for you to have some additional tests such as:

- 12 lead ECG
- Blood tests
- Echocardiogram (heart scan)

Do not be concerned if you have no additional tests organised prior to clinic appointment, they may not be required for your individual care. The decision with regard to additional tests will be made by the cardiac nurse specialist and the consultant prior to your clinic appointment.

Please bring an up to date list of your medications with you on the day of your clinic appointment.

This is essential so we can provide advice to you and your GP about the most effective medications for your condition.

If it suits you, please prepare a list of questions that you wish to have answered. Keep a record of any symptoms you may experience as these can be discussed on

the day of your appointment.

Day of the clinic appointment

- We will review whether you have had any further symptoms and prepare a management plan which will be explained to you.
- We will provide an individual assessment of your risk factors for heart disease and we can discuss any lifestyle changes you would like to make and provide guidance about making those changes.
- If you have not already been offered, or are not currently participating in a cardiac rehabilitation programme, this can be organised for you.
- We will offer explanation and advice about heart conditions, cardiac investigations and medications during the appointment.
- If you have had no symptoms and there are no outstanding concerns, we aim to discharge you from the care of the cardiology department at West Suffolk Hospital back to your GP.
- A letter will be sent to your GP after the clinic appointment detailing any changes to medication, your individual management plan and the results of any relevant investigations, all of which will be explained before you leave.

How can you contact us?

The Cardiac Nurse Specialists are based at the West Suffolk Hospital and can be contacted on the following number:

01284 713186

If we are not there to answer your call, there is an answer phone. Please do not use this number if you feel unwell or experiencing any symptoms, the best course of action is to contact your GP or phone 999.

If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (the new name for DisabledGo) <https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust>



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