

Patient information

Record of your post-operative consultation and plan

Name _____

Information about your condition

Date:

The purpose of this leaflet is to ensure that you have a permanent record of the information the doctor has given you today.

You were seen by Dr / Mr / Miss / Mrs
Consultant / registrar / surgeon / other

Results of surgery

.....
.....
.....
.....

Further treatment required:

Radiotherapy	<input type="checkbox"/>	Herceptin	<input type="checkbox"/>
Hormones	<input type="checkbox"/>	Bisphosphonates	<input type="checkbox"/>
Chemotherapy	<input type="checkbox"/>	Dental check	<input type="checkbox"/>

If this box is ticked, your next appointment will be with the oncology team to discuss the further treatments you require.

Further follow up

Once your treatment is complete, you will be invited to attend an end of treatment appointment with the breast care nurses to discuss how you are getting on and commence your personalised care follow-up programme.

If appropriate, you will have mammograms every year for five years. An appointment for this will be sent to you. Please contact the breast care nurses if you do not receive this.

If you are over the age of 47 you do not need to attend your National Breast Screening appointments, as we will organise your annual screening mammograms over the next five years. If you receive an invitation to the National Breast Screening, please inform your screening centre that you are having yearly symptomatic mammograms for five years. After this time, you will automatically revert to the three-yearly National Breast Screening Programme.

When you get home, you may find that you or those close to you have unanswered question or concerns. If so please telephone the Breast Care Nurses (your key workers) between 9.00am and 4.00pm Monday to Friday on 01284 713281 or you may prefer to discuss your concerns with your GP.

Helpful contacts

Breast Cancer Now: Information booklets to help you understand more about your condition and treatment are available free of charge from Breast Cancer Now. This is a registered charity, which offers information, advice and emotional support to people who have breast cancer and their families. For further information and free booklets call 0808 800 1234 or go online at www.breastcancernow.org.

The Macmillan Information and Support Centre also provides access to a wide range of information about cancer in a supportive and friendly environment. This is located within the Macmillan Unit at West Suffolk Hospital. The centre has free Internet access available and videos, cassettes and CDs are available for viewing or listening to in the centre's quiet room. This service has been created for patients, families, carers and friends, but also welcomes any person concerned or with questions about cancer. Open Monday to Friday 9.00am to 4.30pm. No appointment necessary.

Monthly outreach centres: in Brandon, Haverhill and Sudbury. For more details please ring: 01284 713023

Donations in support of our work may be made to the West Suffolk Hospital Breast Cancer Fund.