

## Patient information

# Bra and breast prostheses fitting service

### Introduction

Following your surgery you will have been provided with a temporary prosthesis (softie), that can be worn immediately after your surgery if you wish.

You can pin it into your bra with one or two small safety pins. Some women find weighing it down with £1 coins helps.

You can add or remove filling through the back pocket as required.

It can be washed.

### Permanent prosthesis fitting

This happens approx. six weeks after your surgery, but can sometimes be delayed if your wound has not healed or you have an ongoing seroma.

Please allow one hour for this appointment.

Please bring a light coloured top / T-shirt.

### Bras

You do not need to purchase any bras prior to the appointment.

Wear a well-fitting bra to the appointment.

We offer a range of mastectomy bras, which can be purchased however we are

only able to **accept payment in cash or cheque.**

## Patients on benefits

If you receive benefits, please inform the Breast Care Nurses.

## Further information

If you have any questions or require further information please contact the Breast Care Nurses on 01284 713281, Monday - Friday 8:30 am - 4:30 pm.

## Places you can buy post-surgery bras

Debenhams	Instore or online	<a href="http://www.debenhams.com">www.debenhams.com</a>
Winch & Blatch	Instore – Sudbury	
John Lewis	Instore or online	<a href="http://www.johnlewis.com">www.johnlewis.com</a>
Marks & Spencer	Instore or online	<a href="http://www.marksandspencers.com">www.marksandspencers.com</a>
Asda	Online	<a href="http://www.asda.com">www.asda.com</a>
Nicola Jane	Online	<a href="http://www.nicolajane.com">www.nicolajane.com</a>
Thuasne UK Ltd	Online	<a href="http://www.silima.co.uk">www.silima.co.uk</a>
Anita	Online	<a href="http://www.anita.com">www.anita.com</a>
Woman Zone	Online	<a href="http://www.womanzone.co.uk">www.womanzone.co.uk</a>
Amoena	Online	<a href="http://www.amoena.com">www.amoena.com</a>
Betty and Belle	Online	<a href="http://www.bettyandbelle.co.uk">www.bettyandbelle.co.uk</a>
Royce lingerie	Online	<a href="http://www.royce-lingerie.co.uk">www.royce-lingerie.co.uk</a>

## Donations in support of our work may be made to the West Suffolk Hospital Breast Cancer Fund

*If you would like any information regarding access to the West Suffolk Hospital and its facilities please visit the website for AccessAble (the new name for DisabledGo)*  
<https://www.accessable.co.uk/organisations/west-suffolk-nhs-foundation-trust>

