

# **An Introduction to Sensory Processing, Modulation and Strategies for schools – Schools Joining Instructions**

The NHS ICPS Paediatric OT service offer a free sensory training course called '**An Introduction to Sensory Processing, Modulation and Strategies for schools.**' This is accessible to all school staff in the West and South of Suffolk to complete.

The course is run on an eLearning platform called Totara. The course takes approximately 90 minutes to complete, and you will be provided with a resource pack and a CPD certificate on completion.



The training covers:

- Part One – Introduction to the senses
- Part Two – Introduction to Neuroscience, Theories and Sensory Processing Terms
- Part Three – The Implementation of strategies

To view the course, you will need to register.

## **How to register for Totara**

- Click on this link Totara Log in  
(<https://mylearningapp.wsh.nhs.uk/login/index.php?tenanttheme=school>)
- Click on the School Registration Form button and complete the form. Please note you cannot register with a personal account, you need to use your work email address with your school identifier.
- Once you have registered and your request has been approved, then an account will be created for you. You will receive an email asking you to confirm your email address. You will then receive your new login details via email.

### Logging In

- Once your account has been approved. You can enter your Username and Password.



### Finding your elearning

- From the **Home** page, click on the **Your Learning** link at the very top.
- Depending on which eLearning/s, seminars etc you have been given access to, a tile/s will be visible to you.



- Click on the **tile** to enrol onto the eLearning module etc you've been given access to.