

# School Age Sensory Occupational Therapy

## Referral Guidance for Professionals



### How to make the referral:

Referral requests are to be submitted using the ICPS (Integrated Community Paediatric Services) referral form. This can be found at [ICPS-referral-form.doc](#).

Referrals should outline how sensory processing differences are suspected to impact the young person's daily functioning.

Referrals will not be accepted for a 'sensory assessment by an Occupational Therapist' without the above evidence.



### Occupational Therapy virtual offer: Before an occupational therapy assessment is considered we will ask for evidence of the following:

- ☒ Completion of the online self-led workshops by adults supporting the young person: any future OT intervention will build on knowledge from these resources.
- ☒ Complete a sensory passport with the young person: understanding sensory preferences can help identify simple changes to routines and activities to support their sensory needs.
- ☒ Consistently implement strategies from the virtual offer and record the outcomes using the four stages of the graduated response: assess, plan, do, review. Changes to sensory processing takes time and consistency.



### Seeking Further Support: If the young person is not making progress with the strategies and advice offered within the resource pack and/or online self-led workshops

Details of how to seek further support will be sent to the child's parents following completion of the virtual offer timeframe.

When further support is requested, a link to a questionnaire will be sent to parents. This questionnaire is designed for parents to complete in collaboration with their child's school team (where applicable) and provide evidence of completion of the OT virtual offer.

Questionnaires should include clear areas of priority that parents and school teams would like to focus their OT assessment and short-term intervention on.

On review of the returned questionnaire a decision regarding future OT assessment/intervention will be made and parents and referrer will be informed.