Introduction

Welcome to the member guide to the NHS Pension Scheme (the Scheme), the pension scheme for NHS workers. The term “NHS worker” includes people directly employed by the NHS as well as medical, dental and ophthalmic practitioners, general medical practice staff and staff working for certain approved employers.

This guide covers all types of NHS worker in the two different sections of the Scheme and includes an explanation of who each type of member is and how you can determine which section of the Scheme you could belong to. It explains the main features of the Scheme to you and highlights where to get more information. By reading this guide you should get a good idea of the benefits that the Scheme provides. More detailed information is available from your employer or from the pension administrator, NHS Pensions, via their website. www.nhsbsa.nhs.uk/pensions. There are also a number of factsheets available on the website that explain certain parts of the Scheme in more detail. The Scheme has been granted tax advantages by Her Majesty’s Revenue and Customs. This means that you can receive tax relief on your contributions and on any lump sum you take at retirement. However, pensions are taxed in the same way as income when they are in payment.

There are limits on the amount of pension benefits you can have without incurring additional tax. More information about this can be found on the NHS Pension Scheme website www.nhsbsa.nhs.uk/pensions

Many words or phrases used in this booklet have special meanings. We have included a glossary of some of these terms at the end of the guide to help you understand them. More details are available from the NHS Pensions website; www.nhsbsa.nhs.uk/pensions
### Summary of the main features and benefits

A brief summary of the Scheme benefits is shown in the table below. The following pages explain these benefits in more detail, describe how they are calculated and who they apply to.

<table>
<thead>
<tr>
<th>Feature or Benefit</th>
<th>NHS Staff</th>
<th>Practitioners</th>
<th>Practice and Approved Employer Staff</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Scheme section</strong></td>
<td>1995 section</td>
<td>2008 section</td>
<td>1995 section</td>
</tr>
<tr>
<td><strong>Member contributions</strong></td>
<td>5% - 8.5% depending on rate of pensionable pay</td>
<td>5% - 8.5% depending on amount of pensionable earnings</td>
<td>5% - 8.5% depending on rate of pensionable pay</td>
</tr>
<tr>
<td><strong>Pension</strong></td>
<td>A pension worth 1/80th of final year's pensionable pay per year of membership</td>
<td>A pension worth 1/60th of reckonable pay per year of membership</td>
<td>A pension based on 1.4% of uprated earnings per year</td>
</tr>
<tr>
<td><strong>Retirement lump sum</strong></td>
<td>3 x pension. Option to exchange part of pension for more cash</td>
<td>Option to exchange part of pension for cash at retirement, up to 25% of capital value. Some members may have a compulsory amount of lump sum</td>
<td>3 x pension. Option to exchange part of pension for more cash</td>
</tr>
<tr>
<td><strong>Normal retirement age</strong></td>
<td>60</td>
<td>65</td>
<td>60</td>
</tr>
<tr>
<td><strong>Pensionable pay</strong></td>
<td>Normal pay and certain regular allowances</td>
<td>Pensionable earnings from NHS work</td>
<td>Normal pay and certain regular allowances</td>
</tr>
<tr>
<td><strong>Uprated earnings</strong></td>
<td>Not relevant</td>
<td>The final value of pensionable earnings after adding all year's earnings and applying revaluation factors.</td>
<td>Not relevant</td>
</tr>
<tr>
<td><strong>Death in membership lump sum</strong></td>
<td>2 x pensionable pay (Actual pensionable pay for part-time workers)</td>
<td>2 x average annual pensionable earnings</td>
<td>2 x pensionable pay (Actual pensionable pay for part-time workers)</td>
</tr>
</tbody>
</table>
Which section of the NHS Pension Scheme am I in?

Start Here
Have you been a member of any NHS Pension Scheme before 1 April 2008?

Have you had a refund of contributions you paid when you left or opted out of the Scheme?

Yes

Have you received an NHS pension?

Yes

Are you under age 50 and on an ill health pension?

Yes

You can join the 1995 section.

No

Did you retire after 1 April 2008 and before 1 July 2009?

Yes

You can join the 2008 section after two years from the date of your retirement. Or you can join an NHS Stakeholder pension. Please ask your employer for details.

No

Sorry, you cannot join the NHS Pension Scheme.
You can join an NHS stakeholder pension. Please ask your employer for details.

No

No

Have you transferred benefits to another non-NHS pension arrangement?

Yes

Did you transfer out before 1 April 2008?

Yes

No

No

Yes

You can join the 2008 section

No

No

More than 2 years

Yes

You can join the 1995 section.

No

Less than 2 years

No

Have you transferred benefits to another non-NHS pension arrangement?

Yes

Have you had a break in membership of 5 years or more?

Yes

You can join the 2008 section

No

No

Was the last day of previous membership within 12 months of re-joining the Scheme?

Yes

You can join the 1995 section.

No
This member guide is intended to provide you with a general overview of the Scheme benefits. We have taken great care to get the details right at the time of publication but it does not give a complete or legally binding statement of the law and regulations which govern the Scheme. Nothing in this guide can override the Regulations which set out the conditions of entitlement and determine the rate at which benefits are payable. In the event of any conflicting information, the Regulations will prevail.

The most up to date version of this guide is kept on www.nhsbsa.nhs.uk/pensions

If you are in any doubt about how your benefits are calculated or what you may be entitled to, please contact your employer who will assist you to find out more information.
How does this guide work?
The guide uses colour and pictures to identify the different sections of the Scheme and to show who is entitled to receive which benefits.

Who is covered by this guide?
This guide covers all types of NHS worker who are entitled to join the Scheme and explains the different benefits that apply to them. Benefits depend upon their type of employment, when they joined or rejoined the Scheme and what decisions they may have already made about their pension.

Which section are you in?
The guide uses different colours to identify where benefits apply to different sections of the Scheme. To understand which section of the Scheme you are in, use the flowchart on the inside flap.

The features and benefits of the Scheme have been grouped together into five main sections. Each section will have information that is relevant to you. Where there are different benefits for different sections these are explained in separate coloured boxes, orange for the 1995 section and blue for the 2008 section.

What type of member are you?
There are icons (small pictures) used throughout this guide. These indicate the different types of NHS worker. Where these appear the feature or benefit being described will not apply to all types of NHS worker. If the icon is crossed out, the benefit described does not apply to that type of member and only applies to the types of member that are not crossed out.

To find your icon, refer to the box below.

What icon are you?

- **NHS Staff.** These are NHS Employees employed by NHS Trusts. This group covers most employees working for the NHS.

- **Practitioners.** This means NHS medical, dental and ophthalmic practitioners, including assistants and some locum practitioners. This includes practitioners who are registered on an NHS Trust performers list.

- **Practice and Approved Employer Staff.** This group includes general practice and direction body staff or staff working for other approved employers connected to the NHS.

**Scheme fact**
The NHS has separate schemes in Scotland, Northern Ireland and the Isle of Man. If you change employer and work in a different jurisdiction, you may wish to transfer your pension rights to maintain a continuous pension record. Pensions earned in other NHS Pension Schemes may be transferred to this Scheme.
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Eligibility
The Scheme is open to any NHS worker aged between 16 and 75 who:
• are directly employed by the NHS;
• are medical, dental and ophthalmic practitioners and trainees;
• are general medical practice staff;
• are staff working for certain approved employers;
• are non-General Practice Providers.

Freelance locum medical practitioners may also elect to join.

There are two sections to the Scheme, the 1995 section and the 2008 section. Different eligibility requirements apply for each section of the Scheme and these are described following.

1995 section
The 1995 section of the Scheme closed to new members with effect from 1 April 2008. If you were an active member of the Scheme on 31 March and 1 April 2008 you may remain in this section of the Scheme.

There are some circumstances in which a new employee who has previously been employed by the NHS and has a deferred benefit can rejoin the 1995 section of the Scheme after 1 April 2008. These are:
• Deferred members who return to NHS work will be able to rejoin the 1995 section provided they return within five years of becoming a deferred member.
• Members who are in the comparable section to the 1995 section, of the NHS Pension Schemes in the Isle of Man, Scotland or Northern Ireland, who are joining the NHS in England and Wales.
• Members returning to NHS work, who transferred their benefits out of the Scheme when they left before 1 April 2008. They are able to rejoin the 1995 section provided they return within 5 years of leaving.

You would not be eligible to rejoin the 1995 section if you:
• were aged over 70 on 31 March 2008;
• have received a refund of contributions from your last period of pensionable employment and these have not been repaid;
• return after 1 April 2008 and repay a refund;
• left the Scheme on or after 1 April 2008 and transferred your benefits out of the Scheme;
• are a “Special Class Member” and over age 65.

Important notice
If you have previously been a member of the NHS Pension Scheme in Scotland, Northern Ireland or the Isle of Man OR have had any previous employment which was part of a TUPE transfer to the NHS you may be able to join the 1995 section. To see if you qualify please complete the Joiner Questionnaire at the back of this booklet and send it to NHS Pensions.
You will not be eligible to join either section of the Scheme if you:

- are aged more than 75;
- only hold an honorary NHS appointment;
- are not a practitioner and are employed by a General Dental Services (GDS) or Personal Dental Services (PDS) contractor.

There are further restrictions on eligibility for some members who are in receipt of an NHS Pension - see the flowchart on the inside cover.

If you decide not to participate in the Scheme, but later change your mind, you may lose your right to join or rejoin the Scheme.

**Important notice**

Membership of the Scheme is voluntary but if you are eligible you will automatically be made a member (except freelance locum medical practitioners), unless you decide to opt out of joining. You may choose to opt out of the Scheme at any time. You can do this by completing a form that is available from your employer.

Before opting out of the Scheme, you should carefully compare the relative cost to you and the whole package of benefits provided under the Scheme. A financial adviser should be able to help you.
Rejoining the Scheme after a break

**Important notice**
The 1995 section of the Scheme closed to new entrants with effect from 1 April 2008. Please refer to the eligibility section to see whether you would be eligible to rejoin the Scheme, and which section, should you decide to leave.

You can opt out of the Scheme at any time by giving notice in writing to your employer. If you are in NHS employment you may rejoin the Scheme if you continue to satisfy the eligibility conditions. You may not rejoin if you are absent from work for any reason.

**1995 section**
If you opt out of the 1995 section of the Scheme with entitlement to deferred benefits you may return to the 1995 section as long as you return within 5 years of doing so.

If you have taken a refund of Contributions you will not be eligible to rejoin the 1995 section of the Scheme. Instead you will be eligible to join the 2008 section. You cannot rejoin the 1995 section if you are in receipt of Scheme benefits unless the reason for you receiving a pension is that you were awarded ill health retirement and you are under 50 when you wish to rejoin the Scheme.

If you rejoin the Scheme with deferred benefits, after a break of 12 months or more, your benefits at retirement will be worked out in whichever of the following two ways gives the highest financial outcome for you:

- your periods of membership will be added together and your total membership and final year’s pensionable pay (or reckonable pay) will be used to work out your benefits; or
- the benefits you have earned for each period of membership will be worked out separately. The benefits will be based on the pensionable pay at the end of each period and revalued. The benefits will then be added together.

**2008 section**
If you opt out of the 2008 section of the Scheme or if you have taken benefits from the Scheme you may rejoin the Scheme as long as you meet the eligibility criteria and do not have more than 45 years’ membership. Benefits in respect of your re-employment will be calculated using the reckonable pay and membership applicable to the re-employment only. The benefits will be paid in addition to the pension payable in respect of your earlier membership.

If you have Practitioner membership and have a break in membership, when you return to the NHS Scheme your Practitioner pension record will be re-activated and your pension will be based on all of your Practitioner earnings.
Costs and contributions

The costs of the Scheme are determined by the Scheme actuary who performs periodic valuations of the Scheme to determine how much needs to be paid to provide the benefits. These costs are shared between the NHS employers and the Scheme members.

As a Scheme member you pay a contribution towards your pension based upon your pensionable pay; the more you earn, the higher your contribution rate may be. The NHS employers pay the rest.

There are four rates of member contribution, ranging from 5% of pensionable pay for the lowest earners to 8.5% of pensionable pay for the highest. The thresholds at which the rates change are linked to nationally agreed pay rates at set levels and are based on salaries equivalent to someone working full-time. If the overall cost of the Scheme increases, the amount you pay may also increase.

Contributions are taken from your pay before tax so you receive tax relief on any amount you pay. You may also pay a lower rate of National Insurance. This can reduce the actual amount that you pay to between approximately 3.5% and 5.1% depending on your contribution rate, earnings level and personal rate of tax.

Further information
More information about how contributions are paid and the thresholds for the contribution rates are included in a factsheet that supplements this guide and is available from:

www.nhsbsa.nhs.uk/pensions
Increasing pension saving
You can increase the amount of benefits you get at retirement by paying extra contributions. These are called Additional Voluntary Contributions or AVCs. There are different ways of doing this and each buys you different benefits.

Buying Additional Pension (AP)
AP is a flexible way of increasing your Scheme pension. It allows you to choose to buy extra annual pension, in today’s terms, and see clearly how much the purchase will cost. Under this option you elect to buy a set amount of annual pension for an agreed amount of contributions that you can choose to pay either as a lump sum or as a regular payment for an agreed period of time.

The minimum amount of AP you can buy is £250 and the maximum amount is £5,000. AP is revalued in line with inflation both before and after retirement.

You can choose whether your AP is just for you or also provides benefits for your dependants in the event of your death.

Further information
There is a tool to calculate the cost of buying Additional Pension available from:

www.nhsbsa.nhs.uk/pensions

you can increase the amount of benefits you get at retirement
Taking out an AVC account
You pay lump sums or regular amounts into a fund chosen by you and invested by one of the providers selected by the Scheme managers. Contributions are invested in accordance with your selection and build up a separate fund. When you retire you use this fund to provide an additional pension for you only, or for you and your dependants. You can take some of this fund as a lump sum.

Buying back previously refunded membership
If you had a refund of contributions for any membership before 6 April 1978, or for practitioners, at any time, you may be able to buy this membership back at half the normal cost.

Unreduced lump sum
Male members who have membership from before 25 March 1972 may have a reduced lump sum as membership before that date provided for a lower level of lump sum. You can choose to buy an unreduced lump sum so that your retirement lump sum is three times your pension.

Added years
Members of the 1995 section who took out, or elected to take out, an added years contract before 1 April 2008 may also be buying additional membership by lump sum or regular payments. These contracts may continue whilst members are in the 1995 section. This option is no longer available for new contracts in either section.

The most that you can pay into additional contributions is 100% of your taxable pay less your standard contributions. These are subject to an overall maximum tax free limit set by Her Majesty’s Revenue and Customs (HMRC) each year.

Further information
More information about these choices and your options is provided in our “Increasing your benefits” factsheet available from: www.nhsbsa.nhs.uk/pensions
Transferring benefits
The NHS Pension Scheme allows you to apply to transfer previous pension rights into the NHS Pension Scheme if you wish subject to HMRC approval.

Transfers into the NHS Scheme
If you have been a member of another pension scheme you can apply to transfer your pension rights into the NHS Pension Scheme to buy additional membership. If you wish to consider a transfer please contact your employer who will advise of what action you need to take. Alternatively you can download a Transfer Pack from www.nhsbsa.nhs.uk/pensions

If you have worked for the NHS in any other part of the UK you may be able to transfer those pension rights into the NHS Pension Scheme for England and Wales. The section that these are transferred into will depend on which section you were in, and how long ago you left that scheme.

Any pension rights transferred in will increase the amount of membership that you have and will therefore increase your benefits in the NHS Pension Scheme. Transferred in benefits will be treated in the same way as your NHS Scheme pension benefits.

**Important notice**
If you have been a member of the NHS Pension Schemes elsewhere in the UK it is important to note that your benefits will not transfer automatically to the Scheme. You must apply in writing to NHS Pensions for a transfer to be made.

**Important notice**
Applications to transfer benefits into the Scheme must be made within 12 months of joining the Scheme for the first time and before the normal retirement age. Special rules apply to NHS employees transferring from NHS Pension Schemes elsewhere in the UK.

**Important notice**
Applications to transfer benefits into the Scheme must be made within 12 months of becoming eligible to join the Scheme for the first time and before the normal retirement age. Special rules apply to NHS employees transferring from NHS Pension Schemes elsewhere in the UK.
Normal retirement age
The normal retirement age is the age that you can retire from NHS employment and have your pension paid without reduction or enhancement. The actual age that applies to you will depend on which section of the Scheme you are in and your status. The differences for each type of member are described below.

The 1995 section’s normal retirement age is 60.
If you work beyond age 60 your pension will be paid when you eventually retire.
If you have more than one job in the NHS when you retire your pension from the Scheme will be based on all of your membership up to the date of retirement. You will normally have to retire from all of your jobs before you can claim your benefits. If the remaining time you are working is less than 16 hours a week you may not have to have a break from these jobs, as long as you are retiring from at least one position. You may not rejoin the Scheme once you are in receipt of a pension. (Unless it is an ill health retirement pension and you are under age 50).

The 2008 section’s normal retirement age is 65.
If you work beyond age 65 your pension will be paid when you eventually retire and it will be increased because it is being paid later. More details are in the late retirement section.
You may choose to retire or partially retire from work before age 65. If you wish to take some or all of your pension before you are 65 it will be reduced because it will be paid for longer. Further details on this are included in the early retirement section.

Nurses, midwives, health visitors, physiotherapists and mental health officers in post before 6 March 1995 (collectively described as ‘Special Class Status’) have the right to retire from a normal retirement age of 55 without a reduction to their pension, subject to certain criteria being met.
If you have special class status your normal retirement age is 55.

Scheme fact
You may choose to retire from work before your normal retirement age although your benefits will be reduced to allow for it being paid for longer. Further details on this are included in the early retirement part of this section.

Further information
A factsheet giving more details about special class status is available from www.nhsbsa.nhs.uk/pensions
Applying for your benefits

When you are retiring you need to apply for your benefits using a form which is available from your employer. To ensure that you receive your benefits on time this should be completed at least four months before your intended retirement date.

Your pension will usually be paid monthly for the rest of your life. NHS pensions are protected against inflation by being linked to the Retail Prices Index. This means that they increase each year, in April, for as long as they are paid. In your first year of retirement a part-year increase may apply.
Benefits at retirement

This section describes the benefits that you can expect to receive from the Scheme when you choose to retire at the normal retirement age.

NHS Staff and Practice and Approved Employer Staff earn pensions based on their pensionable pay at or near retirement, this is known as a “final salary” pension.

Practitioners earn pensions based on their earnings throughout their career. These are re-valued to maintain a current value and are known as Career Average Re-valued Earnings (CARE) pensions.

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This section describes the benefits that you can expect to receive from the Scheme when you choose to retire at the normal retirement age.

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Practitioners earn pensions based on their earnings throughout their career. These are re-valued to maintain a current value and are known as Career Average Re-valued Earnings (CARE) pensions.

Pension and lump sum

In both sections of the Scheme you will receive an annual pension. In the 1995 section you will also have a retirement lump sum. This will normally be three times your annual pension. Members of both sections are able to give up some of their annual pension in exchange for a larger lump sum.

Providing for your dependants

If you are in good health you can choose to allocate (give up) part of your own pension to provide a bigger pension for any dependant on your death. This can be to a spouse, civil partner, qualifying partner, or child. The nomination must be made before you retire and you cannot reverse this decision once made.

Mixed employment - pension flexibilities

Practitioners who have also worked as NHS Staff or as a GP registrar may also have pension earned on the final salary method as well as on the CARE method.

Members who have this type of mixed employment will have additional calculations applied to their pension records to ensure that the most favourable benefits allowed by the flexibility rules are obtained for them.

Members working part time

For calculating benefits membership means the actual membership you have accrued in the scheme. So someone who has worked part time, say 50% of standard full time hours, for 20 years will have 10 years membership counting towards their benefit calculations. However, the other main factor in calculation benefits - final years pensionable pay, or reckonable pay - is based on the full time equivalent salary for that job. So in the example the part time worker may have earned £10,000 a year but for the purpose of calculating benefits the full time rate of £20,000 is used.

Further information

More details about Practitioner pension benefits and flexibilities are available from:

www.nhsbsa.nhs.uk/pensions
Benefits at retirement
You will receive a pension and a retirement lump sum based on your final year’s pensionable pay.

Your pension is 1/80th of your final year’s pensionable pay for each year of pensionable membership in the Scheme. Part years will also count towards your pension.

Your pension is calculated as follows:
\[
\text{final year's pensionable pay} \times \text{pensionable membership} \times \frac{1}{80} = \text{pension}
\]

Your retirement lump sum is normally three times the pension. It is calculated as follows:
\[
\text{final year's pensionable pay} \times \text{pensionable membership} \times \frac{3}{80} = \text{retirement lump sum}
\]

**Example 1**
A midwife retires after 28 years and 173 days pensionable membership with final year’s pensionable pay of £25,650.

Her pension is
\[
£25,650 \times 28 \text{ years 173 days} \times \frac{1}{80} = £9,129.48 \text{ per year}
\]

Her retirement lump sum is approximately 3 x pension, or
\[
£25,650 \times 28 \text{ years 173 days} \times \frac{3}{80} = £27,388.44
\]

The following table can be used to provide a guide to your estimated pension amount. It shows how much annual pension is payable for years of membership at different pay levels.

<table>
<thead>
<tr>
<th>Membership - Number of years</th>
<th>Pensionable pay £</th>
</tr>
</thead>
<tbody>
<tr>
<td>10000</td>
<td>20000</td>
</tr>
<tr>
<td>1</td>
<td>125</td>
</tr>
<tr>
<td>2</td>
<td>250</td>
</tr>
<tr>
<td>3</td>
<td>375</td>
</tr>
<tr>
<td>4</td>
<td>500</td>
</tr>
<tr>
<td>5</td>
<td>625</td>
</tr>
<tr>
<td>6</td>
<td>750</td>
</tr>
<tr>
<td>7</td>
<td>875</td>
</tr>
<tr>
<td>8</td>
<td>1000</td>
</tr>
<tr>
<td>9</td>
<td>1125</td>
</tr>
<tr>
<td>10</td>
<td>1250</td>
</tr>
<tr>
<td>20</td>
<td>2500</td>
</tr>
<tr>
<td>30</td>
<td>3750</td>
</tr>
<tr>
<td>40</td>
<td>5000</td>
</tr>
<tr>
<td>45</td>
<td>5625</td>
</tr>
</tbody>
</table>
Benefits at retirement

You will receive a pension based on your career earnings and a retirement lump sum.

Your pension is based on 1.4% of your re-valued career earnings. This is achieved by recording your pensionable earnings for each year of membership in the Scheme and applying a revaluation factor. The revaluation factor used to re-value your earnings each year is 1.5% above the amount of the annual increase due under the Pensions Increase Acts. The resulting figure is known as your uprated earnings.

Your pension is calculated as follows:

\[ \text{uprated earnings} \times 1.4\% \]

Your retirement lump sum is normally three times the pension.

The following table can be used to provide a guide to your estimated pension amount:

<table>
<thead>
<tr>
<th>Average annual practitioner earnings (£s)</th>
<th>40,000</th>
<th>50,000</th>
<th>60,000</th>
<th>70,000</th>
<th>80,000</th>
<th>90,000</th>
<th>100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Based on 40 years membership</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Annual Practitioner pension for each year of membership (£s)</td>
<td>560</td>
<td>700</td>
<td>840</td>
<td>980</td>
<td>1,120</td>
<td>1,260</td>
<td>1,400</td>
</tr>
<tr>
<td>Total annual Practitioner pension (£s)</td>
<td>22,400</td>
<td>28,000</td>
<td>33,600</td>
<td>39,200</td>
<td>44,800</td>
<td>50,400</td>
<td>56,000</td>
</tr>
</tbody>
</table>

**Example 2**

A GP retires at age 60. Her earnings for each of the years as a Practitioner are re-valued and added together giving an uprated earnings figure of £1,500,000. This total is multiplied by 1.4% to give her annual pension. Her retirement lump sum is three times that amount.

Her pension is:

\[ £1,500,000 \times 1.4\% = £21,000 \text{ per year and a retirement lump sum of £63,000} \]
Benefits at retirement
You will receive a pension based on your reckonable pay.

Your pension is $\frac{1}{60}$th of your reckonable pay for each year of pensionable membership in the Scheme. Part years will also count towards your pension. You will have the choice of taking a retirement lump sum by reducing your annual pension.

Your pension is calculated as follows:

\[
\text{reckonable pay} \times \text{pensionable membership} \times \frac{1}{60} = \text{pension}
\]

The following table can be used to provide a guide to your estimated pension amount. It shows how much annual pension is payable for years of membership at different pay levels.

<table>
<thead>
<tr>
<th>Membership - Number of years</th>
<th>Reckonable pay £</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>10000</td>
</tr>
<tr>
<td>1</td>
<td>167</td>
</tr>
<tr>
<td>2</td>
<td>333</td>
</tr>
<tr>
<td>3</td>
<td>500</td>
</tr>
<tr>
<td>4</td>
<td>667</td>
</tr>
<tr>
<td>5</td>
<td>833</td>
</tr>
<tr>
<td>6</td>
<td>1000</td>
</tr>
<tr>
<td>7</td>
<td>1167</td>
</tr>
<tr>
<td>8</td>
<td>1333</td>
</tr>
<tr>
<td>9</td>
<td>1500</td>
</tr>
<tr>
<td>10</td>
<td>1667</td>
</tr>
<tr>
<td>20</td>
<td>3333</td>
</tr>
<tr>
<td>30</td>
<td>5000</td>
</tr>
<tr>
<td>40</td>
<td>6667</td>
</tr>
<tr>
<td>45</td>
<td>7500</td>
</tr>
</tbody>
</table>

Example 3
A midwife retires after 28 years and 173 days pensionable membership with reckonable pay of £25,650.

Her pension is

\[
\£25,650 \times 28 \text{ years} \times 173 \text{ days} \times \frac{1}{60} = \£12,172.62 \text{ per year}
\]
Benefits at retirement

You will receive a pension based on your career earnings.

Your pension is based on 1.87% of your re-valued career earnings. This is achieved by recording your pensionable earnings for each year of membership in the Scheme and applying a revaluation factor. The revaluation factor used to re-value your earnings is 1.5% above the amount of the annual increase due under the Pensions Increase Acts. The resulting figure is known as uprated earnings.

Your pension is calculated as follows:

\[ \text{uprated earnings} \times 1.87\% \]

The following table can be used to provide a guide to your estimated pension amount

<table>
<thead>
<tr>
<th>Average annual practitioner earnings (£s)</th>
<th>40,000</th>
<th>50,000</th>
<th>60,000</th>
<th>70,000</th>
<th>80,000</th>
<th>90,000</th>
<th>100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Based on 40 years membership</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Annual Practitioner pension for each year of membership (£s)</td>
<td>748</td>
<td>935</td>
<td>1,122</td>
<td>1,309</td>
<td>1,496</td>
<td>1,683</td>
<td>1,870</td>
</tr>
<tr>
<td>Total annual Practitioner pension (£s)</td>
<td>29,920</td>
<td>37,400</td>
<td>44,880</td>
<td>52,360</td>
<td>59,840</td>
<td>67,320</td>
<td>74,800</td>
</tr>
</tbody>
</table>

Example 4

A GP retires at age 65. Her earnings for each of the years as a Practitioner are re-valued and added together giving an uprated earnings figure of £1,500,000. This is multiplied by 1.87% to give her annual pension.

Her pension is:

\[ £1,500,000 \times 1.87\% = £28,050 \text{ per year.} \]
Retirement lump sums

From both sections of the Scheme you are able to take some of your benefits as a retirement lump sum. This part of the guide describes your entitlement and options and provides some examples to show how these are calculated.

The maximum lump sum you can take is 25% of your capital value. This is determined by a limit set by Her Majesty’s Revenue and Customs (HMRC) and adopted by the Scheme Regulations. It applies across your entire pension arrangements so your NHS retirement lump sum may be limited to a smaller amount if you have other pension savings.

The part of the guide that describes your benefits on retirement explained that you will receive a retirement lump sum which is normally three times your annual pension. You have the option of receiving a larger retirement lump sum and a smaller annual pension.

You have to give up some of your pension to get more retirement lump sum. You will receive £12 of lump sum for every £1 of pension you give up.

Your capital value is determined by the HMRC rules and is calculated by multiplying your reduced pension by 20 and adding your total retirement lump sum. In the majority of cases the maximum lump sum you can take works out as approximately 5.36 times your 1995 section pension.

**Example 5**

The midwife in example 1 decides to take a larger retirement lump sum when she retires. She receives £12 of lump sum for each £1 of annual pension given up so she chooses to exchange £500 of her annual pension to get an extra £6,000 lump sum, (£500 x £12 = £6,000)

Her benefits are now:
- **Pension**: £9,129.48 - £500 = £8,629.48 per year
- **Retirement lump sum**: £27,388.44 + £6,000 = £33,388.44

The maximum lump sum she could take is £21,516 higher than her normal lump sum. She would have to give up £1,793 of her annual pension to get this so her benefits would be:
- **Pension**: £9,129.48 - £1,793.00 = £7,336.48 per year
- **Retirement lump sum**: £27,388.44 + £21,516.00 = £48,904.44
There is no basic lump sum entitlement in the 2008 section but you do have the option of receiving a retirement lump sum by giving up a part of your pension.

The capital value of your benefits is determined by HMRC rules and is calculated by multiplying the pension you will receive by 20 and adding any retirement lump sum. The maximum lump sum you can take works out as approximately 4.28 times your 2008 section pension.

You have to give up some of your pension to get a retirement lump sum. You will receive £12 of retirement lump sum for every £1 of pension you give up.

**Example 6**

The midwife in example 3 decides to take a retirement lump sum when she retires. She receives £12 of lump sum for each £1 of annual pension given up so she exchanges £1,500 of her annual pension to get a retirement lump sum of £18,000. (£1,500 x £12 = £18,000)

Her benefits are now:

- **Pension**: £12,172.62 - £1,500 = £10,672.62 per year
- **Retirement lump sum**: = £18,000

The maximum lump sum she could take is £52,164.00

She would have to give up £4,347.00 of her annual pension to get this so her benefits would be:

- **Pension**: £12,172.62 - £4,347.00 = £7,825.62 per year
- **Retirement lump sum**: = £52,164.00

The maximum lump sum you can take is 25% of your capital value.
Early retirement

The circumstances in which you may take your pension before your normal retirement age are described below. The earliest age that you can draw your pension is known as the minimum retirement age. This varies depending on the section of the Scheme that you are in and when you started pensionable employment.

In the unlikely event that your reduced pension is less than the guaranteed minimum pension, you will not be able to take voluntary early retirement. NHS Pensions will advise you if this is the case and your options will be explained.

You may apply for voluntary early retirement by completing a form which you can get from your employer.

Members with deferred benefits who left the Scheme after 30 March 2000 may also choose to retire early on a reduced pension. You may apply for early retirement by contacting NHS Pensions directly. Pensions that are paid early are increased with inflation each April in line with changes in the Retail Price Index (RPI). However pensions only start to attract RPI once you reach age 55, at which point your pension will be increased to take account of changes since it was awarded.
Voluntary early retirement on reduced pension

If you joined the 1995 section before 6 April 2006 you can choose to take voluntary early retirement from age 50 and receive reduced benefits. Your pension and retirement lump sum are reduced because they are being paid earlier than expected. Your dependants will still get any benefits they are entitled to in full.

If you joined the 1995 section on or after 6 April 2006 your minimum retirement age will change to 55 on 6 April 2010. If you returned to the Scheme after 6 April 2006 this may also apply to you.

Scheme fact
If you have Special Class Status and you retire voluntarily before age 55 your benefits will be reduced as if your normal retirement age was 60.

The following table shows how much your pension and lump sum is reduced by if you choose to retire early. If you retire between the ages shown the benefits payable will vary.

<table>
<thead>
<tr>
<th>Age</th>
<th>59</th>
<th>58</th>
<th>57</th>
<th>56</th>
<th>55</th>
<th>54</th>
<th>53</th>
<th>52</th>
<th>51</th>
<th>50</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pension</td>
<td>6%</td>
<td>11%</td>
<td>16%</td>
<td>20%</td>
<td>24%</td>
<td>28%</td>
<td>31%</td>
<td>35%</td>
<td>38%</td>
<td>40%</td>
</tr>
<tr>
<td>Lump sum</td>
<td>4%</td>
<td>7%</td>
<td>10%</td>
<td>13%</td>
<td>16%</td>
<td>19%</td>
<td>22%</td>
<td>24%</td>
<td>27%</td>
<td>29%</td>
</tr>
</tbody>
</table>

The minimum retirement age in the 2008 section is 55. You can choose to take voluntary early retirement from the minimum retirement age and receive reduced benefits. Your pension is reduced to allow for the fact that it is being paid earlier than expected. Your dependants will still get any benefits they are entitled to in full.

The following table shows how much your pension is reduced by if you choose to retire early. If you retire between the ages shown the benefits payable will vary. If you take a lump sum, this is calculated from your pension after reduction. There are no reduction factors for lump sums in the 2008 section.

<table>
<thead>
<tr>
<th>Age</th>
<th>64</th>
<th>63</th>
<th>62</th>
<th>61</th>
<th>60</th>
<th>59</th>
<th>58</th>
<th>57</th>
<th>56</th>
<th>55</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pension</td>
<td>6%</td>
<td>12%</td>
<td>17%</td>
<td>22%</td>
<td>26%</td>
<td>31%</td>
<td>34%</td>
<td>38%</td>
<td>41%</td>
<td>44%</td>
</tr>
</tbody>
</table>
Premature retirement

If you are retired prematurely because of redundancy or in the interests of the efficiency of the service, your benefits may be paid immediately. You must have at least two years membership and have reached the minimum retirement age.

• If you are retiring in the interests of the efficiency of the service your benefits will be paid without reduction and your employer will meet the cost of paying the pension early.
• If you are made redundant over the minimum retirement age you may choose to take your redundancy payment and have your pension paid at normal retirement age, or take your pension benefits immediately, without reduction. If you choose to take your pension immediately your employer will use your redundancy payment to meet any additional costs that arise, paying the balance (if any) to you.

If you have more than one job in the NHS you may either:
• Take your benefits only in respect of the employment from which you are retiring prematurely and remain a member of the Scheme in respect of your other pensionable jobs; or
• Take your benefits in respect of all your pensionable NHS jobs. If you do this, you must leave all your jobs for at least one day unless they total no more than 16 hours per week. If you choose to take your benefits from all your jobs, you will not be able to be a member of the Scheme in respect of any further employment in the NHS. It may be possible for you to return to NHS employment and join the 2008 section of the Scheme. Please check the eligibility criteria for details.

1995 section

If you have more than five years membership at the time you are made redundant, have continuous membership prior to November 2006 and are made redundant before 30 September 2011 there are special transitional protection arrangements available that provide enhanced terms depending on the date of redundancy.

Further information

Further details on premature retirement may be found in the separate factsheet available from www.nhsbsa.nhs.uk/pensions
Helping you achieve a work-life balance.
Both sections of the NHS Pension Scheme allow you to choose to retire between the minimum pension age and age 75 but there are also features to help you make the transition between work and retirement as you approach the normal retirement age.

1995 section

Flexible retirement
The 1995 section of the scheme allows you to retire and take your pension between age 50 (55 for some members) and 75. You can choose the time that suits you best. There is also a facility to protect your pension if you wish to step down to a less demanding job.

Step down
If you are over the minimum pension age and your pay reduces by at least 10% you can apply for the higher rate of pay to be protected for pension purposes. You must do this within three months of your pay reducing. When you leave your benefits will be based on this rate of pay, or your actual rate of pay if that is better for you.

2008 section

Flexible retirement
The 2008 section of the Scheme has been designed to provide a great deal of flexibility around retirement. You can choose to retire between age 55 and 75 but you do not actually have to leave the NHS to start drawing some of your pension and taking a lump sum. After you reach the minimum retirement age you can consider moving towards retirement by reducing your working time or perhaps switching to a less demanding role. Your reckonable pay will still consider any higher earnings you may have had in the ten years prior to you finally retiring. You can also take the whole of your benefits by leaving the NHS. You may be able to return to employment and re-join the Scheme. Or you could choose to keep working beyond the normal retirement age and earn a larger pension.

Draw down
If you reduce your pensionable pay by at least 10% and you have reached the minimum retirement age of 55 you may partially retire and take some of your benefits. You can take a minimum of 20% and a maximum of 80% of your own pension entitlement and continue to build up future membership. The benefits would be reduced if they are paid before your 65th birthday. Your pensionable pay must remain reduced for at least a year otherwise you will cease to be eligible for the pension that you have taken. You can draw down your benefits twice before retiring completely.
Late retirement

If you remain in employment after the normal retirement age, you may continue to earn benefits as long as you stay in the Scheme, up to age 75 or until you reach 45 years membership. Your pension benefits will be based on your pensionable pay and membership when you do eventually retire. At age 75 you become entitled to your benefits without having to have a break in your employment but a lump sum cannot be paid once you have reached age 75. After age 75 the lump sum will be converted to additional pension.

State Pension Scheme and other pension schemes

The Scheme is completely separate from the State pension arrangements or any other pension schemes you may have. This means that you will normally get a separate basic state pension as well as your NHS pension.

The Scheme is contracted out of the second level of state pension (known as the State Second Pension (or S2P)) and you will not get any additional pension from this, except for any contributions you may have made in another employment.

If you have arranged your own personal pension, or have pensions from other employment, these are payable as well as your pension from the Scheme but it is up to you to choose when you take these.

Because of tax legislation, you may need to tell us about these pensions when you come to retire.

**Scheme fact**

The NHS Pension Scheme is contracted-out of S2P under the 1995 Pensions Act. This means that the Scheme has to pass a scheme quality test set out in the Pensions Act. The Scheme actuary has confirmed that the Scheme has passed the test.

Further information

Further details on late retirement may be found in the separate fact sheet available from www.nhsbsa.nhs.uk/pensions
Leaving early
The Scheme provides a number of options for those leaving the Scheme, including opting-out of the Scheme, before retirement. The options available depend on your length of Scheme membership.

<table>
<thead>
<tr>
<th>Option</th>
<th>Less than 2 years’ Scheme membership when you leave</th>
<th>At least 2 years’ Scheme membership when you leave</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leave your benefits in the Scheme and take a deferred pension</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Transfer your benefits to another pension arrangement</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Refund of contributions, less tax and National Insurance contributions</td>
<td>Yes, if under normal retirement age</td>
<td>No</td>
</tr>
</tbody>
</table>

Important notice
Whilst you are a contributing member of the Scheme, you are entitled to death in membership benefits including life assurance and family benefits. If you leave the Scheme these benefits may no longer be payable.
Transferring your pension benefits out of the Scheme

If you leave the NHS or leave the Scheme, you may be able to transfer your NHS benefits elsewhere. This section highlights the options available to you.

If you leave the Scheme you may be able to transfer your benefits out of the Scheme to:

• another occupational pension scheme;
• a personal pension scheme;
• an insurance company to buy an annuity contract;
• a self-employed pension arrangement;
• an overseas pension scheme;
• a combination of these.

A transfer payment is worked out by converting the value of your pension rights to a current cash equivalent value using factors supplied by the Scheme actuary in relation to the member’s age at the date of calculation. The transfer value also takes account of movements in the stock market.

If you have less than two years membership there are time limits to meet when considering a transfer of your benefits. To be able to transfer to another occupational or personal pension arrangement you must

• join or take out a pension within 12 months of leaving the Scheme; and
• you must apply for a transfer within 12 months of joining that scheme.

To be able to transfer to a scheme providing annuities you must apply within 12 months after you leave the Scheme. If you wish to transfer your benefits to an insurance company you must apply within 12 months of leaving the Scheme.

Taking a refund

If you have been in the Scheme for less than 2 years you can have your contributions refunded. Tax and National Insurance deductions will be made before these are repaid to you.

If you are over the normal retirement age or if you have transferred in a personal pension you may not have a refund. In these circumstances a retirement benefit will be paid.

Further information

More details about leaving are included in a factsheet available from:

www.nhsbsa.nhs.uk/pensions
Illness, injury, insurance & family benefits

Ill health retirement
If you have at least two years membership and are too ill to work in your present job you may be able to retire early and take your pension benefits. There are two tiers of ill health retirement and the benefits you get will depend on whether or not you are capable of undertaking employment elsewhere. The minimum pension age does not apply in the case of ill health retirement. Ill health pensions are increased each April in line with increases in the Retail Price Index.

It may be possible to move between the tiers after retirement where our medical advisers indicate your condition may meet Tier 2 requirements within 3 years of retiring. It may also be possible if your condition is such that it is not possible to determine at the outset whether you will recover sufficiently to undertake any regular work.

If you are terminally ill you may take your benefits immediately as a lump sum. In this case they will be calculated based on Tier 2.

Your benefits may be reduced or withdrawn if you take up further NHS employment after retiring early due to ill health.

You may apply for ill health early retirement by completing a form which you can get from your employer.

If you are a deferred member and you become too ill to undertake regular employment you may apply to take your pension early without reduction. Your benefits will not be enhanced.

you may be able to retire early and take your pension benefits
### Ill health retirement tiers

<table>
<thead>
<tr>
<th></th>
<th>Definition</th>
<th>Entitlement</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1995 section</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tier 1</td>
<td>Unable to do current job due to permanent ill health.</td>
<td>Accrued membership without reduction. No enhancement to benefits.</td>
</tr>
<tr>
<td>Tier 2</td>
<td>Unable to carry out regular employment due to permanent ill health.</td>
<td>Tier 1 benefits, PLUS an enhancement of two-thirds of your prospective membership to normal retirement age. Minimum membership enhancement of four years or to age 60 (whichever is less) until 2016. Total membership may not exceed prospective membership at 60.</td>
</tr>
<tr>
<td><strong>2008 section</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tier 1</td>
<td>Unable to do current job due to permanent ill health.</td>
<td>Accrued membership without reduction. No enhancement to benefits.</td>
</tr>
<tr>
<td>Tier 2</td>
<td>Unable to carry out regular employment due to permanent ill health.</td>
<td>Tier 1 benefits, PLUS an enhancement of two-thirds of your prospective membership to age 65. Total membership may not exceed prospective membership at 65.</td>
</tr>
</tbody>
</table>

Further information

Further details about ill health retirement may be found in the separate factsheet available from: www.nhsbsa.nhs.uk/pensions
Life insurance & family benefits
The Scheme provides lump sum and pension benefits to your dependants in the event of your death. The benefits payable will depend on your circumstances at the time of your death.

Payment of lump sum
The lump sum will be paid to your spouse, registered civil partner or qualifying partner. If you do not want this to happen you should contact NHS Pensions to nominate someone else to receive the benefit. A form to nominate who you want to receive this benefit can be downloaded from our website www.nhsbsa.nhs.uk/pensions You should note that the lump sum may be subject to inheritance tax if it is not paid to your spouse, registered civil partner or qualifying partner.

If you have not nominated a person to receive a lump sum and you do not have a spouse, registered civil partner or qualifying partner the lump sum will be paid to your estate.

A lump sum is not payable if you have had a refund of your contributions or transferred your pension rights to another pension arrangement.

Payment of dependants’ pensions
These are payable for life to your legal spouse, registered civil partner, or qualifying partner from the date of your death. If you are not in a legally recognised relationship, you and your partner are required to complete a form to register your relationship. There are criteria that must be met for your partner to qualify for benefits and these will be checked in the event of your death. A form to nominate a non-legal partner can be downloaded from our website www.nhsbsa.nhs.uk/pensions

if you become terminally ill you may take your benefits immediately as a lump sum
Children’s pensions
Children’s pensions are paid until the age of 23. If the child remains unable to earn a living due to a condition which existed at the date of your death, the children’s pension can be paid indefinitely.

Important notice
It is important that you keep your nominations up to date to ensure that your benefits are paid as swiftly as possible to who you want to receive them. Forms are available to nominate who you wish to receive any lump sum and also to register your partner for a pension.

Each section of the Scheme provides slightly different benefits. The following tables show the benefits that are payable from each section.

<table>
<thead>
<tr>
<th>Benefit</th>
<th>1995 section</th>
<th>1995 section</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Death in membership (with at least 2 years membership)</td>
<td>Death after retirement</td>
</tr>
<tr>
<td>Lump sum</td>
<td>2 x annual pensionable pay or average uprated earnings for Practitioners</td>
<td>The lesser of: 5 x pension less pension already paid or 2 x pay less any retirement lump sum</td>
</tr>
<tr>
<td>Widow’s pension</td>
<td>½ of your notional upper tier ill health retirement pension</td>
<td>½ of your pension in payment</td>
</tr>
<tr>
<td></td>
<td>Short term pension payable at rate of your pensionable pay for the first 6 months</td>
<td>Short term pension payable at rate of member’s pension paid for first 3 months or 6 months if there is at least one dependent child</td>
</tr>
<tr>
<td>Widower’s/ Civil partner’s/ Nominated partner’s pension</td>
<td>½ of your notional upper tier ill health retirement pension, based only on membership from 6 April 1988*</td>
<td>½ of your pension in payment, based only on membership from 6 April 1988*</td>
</tr>
<tr>
<td></td>
<td>Short term pension payable at rate of your pensionable pay for the first 6 months</td>
<td>Short term pension payable at rate of member’s pension paid for first 3 months or 6 months if there is at least one dependent child</td>
</tr>
<tr>
<td>Children’s pension**</td>
<td>¼ of your notional upper tier ill health retirement pension for 1 child</td>
<td>¼ of your pension for 1 child</td>
</tr>
<tr>
<td></td>
<td>½ shared equally if 2 or more</td>
<td>½ shared equally if 2 or more</td>
</tr>
</tbody>
</table>

*These benefits may be higher if you have purchased Additional Survivor Pension cover for your dependants.

**Higher rates may be payable if there is no survivors pension payable.
# Death Benefits

<table>
<thead>
<tr>
<th>Benefit</th>
<th>Death in membership (with at least 2 years membership)</th>
<th>Death after retirement</th>
<th>Death with deferred pension</th>
<th>Death within 12 months of leaving membership if benefits remain in Scheme</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Lump sum</strong></td>
<td>2 x annual pensionable pay or average uprated earnings for Practitioners</td>
<td>The lesser of; 5 x pension less pension already paid; or 2 x reckonable pay less any retirement lump sum taken</td>
<td>2.25 x annual pension the member would have received had they retired on the date of death assuming they did not take a lump sum</td>
<td>2.25 x annual pension the member would have received had they retired on the date of death assuming they did not take a lump sum</td>
</tr>
<tr>
<td><strong>Adult dependant’s pension</strong></td>
<td>37.5% of your notional upper tier ill health retirement pension</td>
<td>37.5% of your pension in payment* Short term pension payable at rate of member’s pension paid for first 3 months or 6 months if there is at least one dependant child</td>
<td>37.5% of your pension at the date of death* No short term pension</td>
<td>37.5% of your notional upper tier ill health retirement pension at date of leaving. No short term pension</td>
</tr>
<tr>
<td><strong>Children’s pension</strong></td>
<td>18.75% of your notional upper tier ill health retirement pension for 1 child 37.5% shared equally if 2 or more</td>
<td>18.75% of your pension for 1 child 37.5% shared equally if 2 or more</td>
<td>18.75% of your pension for 1 child 37.5% shared equally if 2 or more</td>
<td>18.75% of your notional upper tier ill health retirement pension for 1 child 37.5% shared equally if 2 or more</td>
</tr>
</tbody>
</table>

* May not include any additional pension being paid.

If you have less than two years membership and die before you leave or retire, your spouse, civil partner, or nominated qualifying partner would receive a lump sum payment and a short term pension payable for six months.

Further details about may be found in the “Life insurance and family benefits” factsheet available from: [www.nhsbsa.nhs.uk/pensions](http://www.nhsbsa.nhs.uk/pensions)
Injury benefits
A separate scheme covers NHS Staff and Practitioners (whether they are in the NHS Pension Scheme or not) for injuries or diseases contracted in the course of work. The Injury Benefit Scheme can provide temporary or permanent payments to you or your dependants if you are absent from work, unable to earn as much or die as a result of the injury or disease.

Further information
For more information about injury benefits please visit the Injury Benefit website at

www.nhsbsa.nhs.uk
Help and general information

NHS Pensions – our commitment to you
NHS Pensions aims to provide a prompt, efficient and helpful service to all members of the NHS Pension Scheme.

The NHS Pension Scheme has recently been valued at £218 billion and currently has 1.35 million actively contributing members, 420,000 members with deferred benefits. We pay pensions to 600,000 pensioners every month.

We aim to:
• Pay pensions accurately and on time;
• Treat you as an individual with dignity and respect;
• Listen to what you say;
• Be fair, helpful and easy to talk to;
• Give clear reasoning and explanation when necessary;
• Keep what you say to us confidential; and
• Tell you exactly what you need to do and what information we need.

Tell us how we are doing:
Please tell us what we have done well or what we could have done better. We will use this information to make improvements to our service.

If you want to tell us about any improvements you think we could make, or tell us about good service that you have received please contact us by telephone, letter or by emailing us through our website. See page 34 for our contact details.

We are happy to receive feedback on any matter.

Our service standards
On our website there is a section called “our service”. In this section you will find a list of our core service standards and the current performance levels against them.

You can help us by:
• Giving your surname, initials and Pension Scheme Membership (SD) Number or National Insurance number when you contact us;
• Giving us full and accurate information when we request it;
• Treating our staff courteously; and
• Informing us if you change your address.
**Contact details**

You can contact us at:

**NHS Pensions**  
Hesketh House  
200-220 Broadway  
Fleetwood  
Lancashire, FY7 8LG

Telephone: 01253 774774 or e-mail us via our website at: [www.nhsbsa.nhs.uk/pensions](http://www.nhsbsa.nhs.uk/pensions)

The switchboard is open from 8.30 am to 5.00 pm Monday to Thursday and to 4.30 pm on Fridays. We are closed on Public Holidays.

You can also fax us on 01253 774412.

If you have a NHS Pension Scheme membership number (it begins with “SD”) it will help if you quote it. If you do not have a membership number please quote your National Insurance number.

Below are the contact details for persons or organisations you may wish to get in touch with.

### NHS money purchase AVC providers

<table>
<thead>
<tr>
<th>Provider</th>
<th>Address</th>
<th>Website</th>
<th>Helpline</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard Life</td>
<td>Group Pensions Public Sector</td>
<td><a href="http://www.standardlife.co.uk/nhs">www.standardlife.co.uk/nhs</a></td>
<td>0800 33 33 06</td>
</tr>
<tr>
<td></td>
<td>Standard Life House</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>30 Lothian Road, Edinburgh, EH1</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>0WT</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prudential</td>
<td>FREEPOST RG2384, PO Box 2711,</td>
<td><a href="http://www.pru.co.uk/retire/nhs">www.pru.co.uk/retire/nhs</a></td>
<td>0845 070 2456</td>
</tr>
<tr>
<td></td>
<td>Reading, RG1 3UL</td>
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<td></td>
</tr>
</tbody>
</table>

### NHS stakeholders

<table>
<thead>
<tr>
<th>Provider</th>
<th>Address</th>
<th>Website</th>
<th>Helpline</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard Life</td>
<td>Stakeholder Pensions</td>
<td><a href="http://www.standardlife.co.uk/nhs">www.standardlife.co.uk/nhs</a></td>
<td>0800 33 33 06</td>
</tr>
<tr>
<td></td>
<td>Standard Life House</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
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<td></td>
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<td></td>
<td>0WT</td>
<td></td>
<td></td>
</tr>
<tr>
<td>TUC/Prudential</td>
<td>TUC Stakeholder Customer Service</td>
<td><a href="http://www.pru.co.uk/retire/nhs">www.pru.co.uk/retire/nhs</a></td>
<td>0845 070 6666</td>
</tr>
<tr>
<td></td>
<td>Centre</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Prudential</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Stirling, FK9 4UE</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### The Pensions Advisory Service (TPAS)
If you wish to contact TPAS their address is:

<table>
<thead>
<tr>
<th>Address</th>
<th>Telephone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>11 Belgrave Road, London, SW1V 1RB</td>
<td>0845 601 2923</td>
<td><a href="http://www.pensionsadvisoryservice.org.uk">www.pensionsadvisoryservice.org.uk</a></td>
</tr>
</tbody>
</table>

### Pensions Ombudsman
If you wish to contact the Pensions Ombudsman the address is:

<table>
<thead>
<tr>
<th>Address</th>
<th>Telephone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>11 Belgrave Road, London, SW1V 1RB</td>
<td>020 7834 9144</td>
<td><a href="http://www.pensions-ombudsman.org.uk">www.pensions-ombudsman.org.uk</a></td>
</tr>
</tbody>
</table>

### Pension Schemes Registrar
Information about the Scheme has been given to the Pension Schemes Registry under the management of the Pensions Regulator. The address for the Pension Schemes Registry is:

<table>
<thead>
<tr>
<th>Address</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registrar of Pension Schemes, PO Box 1NN, Newcastle upon Tyne, NE99 1NN</td>
<td>0191 225 6393</td>
</tr>
</tbody>
</table>

### Pensions Regulator
If you wish to contact the Pensions Regulator, the address is:

<table>
<thead>
<tr>
<th>Address</th>
<th>Telephone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Pensions Regulator, Napier House, Trafalgar Place, Brighton, BN1 4DW</td>
<td>0870 606 3636</td>
<td><a href="http://www.thepensionsregulator.gov.uk">www.thepensionsregulator.gov.uk</a></td>
</tr>
</tbody>
</table>

### Financial Services Authority (FSA)
If you wish to contact the FSA, the address is:

<table>
<thead>
<tr>
<th>Address</th>
<th>Telephone</th>
<th>Website</th>
</tr>
</thead>
</table>
General information

Data protection

NHS Pensions is a Data Processor under the Data Protection Act 1998. The Data Controller, for the purposes of the Act, is the NHS Business Services Authority.

NHS Pensions holds information provided by your employer for NHS Pension Scheme purposes and in relation to the NHS Injury Benefit Scheme and certain other statutory functions assigned by Parliament. The information we hold may be used for any of the functions of NHS Pensions. We may get information about you from other sources. If we do, it will only be as the law allows, for instance to:

- check accuracy of information
- prevent or detect crime
- protect public funds

We may check information we receive about you with what is already in our records. This may include information provided by you as well as by others such as other government departments, agencies and overseas authorities. We will not give information about you to anyone outside NHS Pensions unless the law allows us to do so.

NHS Pensions has a legal duty to protect the confidentiality of information about NHS employees. We take appropriate precautions to protect any information you give us, whether by our website or by other means because of legislation such as the Data Protection Act 1998. Any data which we use here is protected in accordance with Government standards.

You have the right to ask for details of any data which NHS Pensions holds about you. If you wish to do this you can write to the Information Governance Manager at the address shown later in this section. Your letter should include:

- your name and address
- your National Insurance number
- your Pension Scheme membership (SD) number

If information held about you has been provided by a separate authority, NHS Pensions may require their permission for its contents to be disclosed.

we take appropriate security precautions to protect any information you give us
Freedom of information
Under the Freedom of Information Act 2000, anybody may request information from a public authority which has functions in England, Wales and/or Northern Ireland. The Act confers two statutory rights on applicants:
• To be told whether or not the public authority holds that information; and if so,
• To have that information communicated to them.

Who can request information?
Anyone can request information under the Act regardless of age, nationality or location. You should make any requests to the Information Governance Manager at the address shown later in this section.

What information will be available?
Any information held by a public authority is eligible for release. However, a number of exemptions may be applied to protect information properly kept confidential.

Freedom of Information Act
This Act requires publicly funded organisations, such as government, schools, hospitals, etc. to disseminate a ‘publication scheme’, put in place systems for effective records management, and respond to requests from the public for information. The Act recognises the need to maintain government confidentiality in some circumstances and hence includes exemptions.

Further details about the Act and its implementation can be found on the Office of the Information Commissioner’s website. NHS Pension’s approved publication scheme is available on our website at www.nhsbsa.nhs.uk

Information Governance
The address for Freedom of Information and Data Protection enquiries about NHS Pensions is:

Information Governance Manager
NHS Business Services Authority
Bridge House
152 Pilgrim Street
Newcastle upon Tyne, NE1 6SN

or visit their website at: www.nhsbsa.nhs.uk
Complaints and Disputes
What to do if things go wrong
We make every effort to get things right. If we have made a mistake please tell us and we will apologise and put things right as quickly as possible. If we cannot resolve your complaint informally, we have a formal Complaints and Disputes procedure that complies with pension legislation.

Who can complain?
Anyone who:
• receives, or expects to receive benefits from the Scheme, or
• wishes to join the Scheme, or
• is nominated by the above to represent them.

How to complain?
This is a two stage process, the first of which asks you to complete a Stage 1 application form DRP1 available to download from our website at: www.nhsbsa.nhs.uk/pensions

Your case will be reviewed by a Disputes Officer and we will let you have a response within two months. If we are unable to give you a decision within that timescale, we will write and tell you why.

If you still remain dissatisfied you are entitled to have your case looked at a second time by completing a Stage 2 application form DRP4 which is available to download from our website at: www.nhsbsa.nhs.uk/pensions

Your case will then be reviewed by a Scheme Manager and we will let you know the outcome within two months. If we are unable to give you a decision within that timescale we will write and tell you why.

Where you can get further advice
You can get advice from The Pension Advisory Service (TPAS) at any time. You can also ask the Pensions Ombudsman to investigate and give a decision on any complaint or dispute. The address for both of these can be found in this section.

But the Pensions Ombudsman will normally expect any complaint to have been looked at under our Complaints and Disputes procedure first.

The Pensions Regulator is responsible for the oversight of pension scheme administration and for granting certain time limit extensions and for complaints about non-disclosure of information. Their address can also be found in this section.
Some general points

Scheme Rules
The rules of the NHS Pension Scheme are laid down in regulations agreed by Parliament. They are the National Health Service Pension Scheme Regulations 1995 and subsequent amendments. You can view these on our website www.nhsbsa.nhs.uk/pensions.

The Scheme is “registered” under the Finance Act 2004.

The Scheme is contracted out of the State Second Pension Scheme (S2P) under the Pensions Act 1995.

Scheme Administrator
The Scheme Administrator is the NHS Business Services Authority, a Special Health Authority. You can contact the Scheme Administrator via NHS Pensions using the contact details in this section.

Pension Scheme Fund
The NHS Pension Scheme does not have a real pension fund, but as a statutory scheme, benefits are fully guaranteed by the Government.

Contributions from both members and employers are paid to the Exchequer, which meets the cost of Scheme benefits.
Independent Financial Advice
If you are in any doubt which pension arrangements will be the best for you, you should seek financial advice.

Under the Financial Services and Markets Act of 2000 all financial advisers have to decide whether to be “independent”, “tied” or “multi-tied”.

A financial adviser who is “independent” can offer a range of financial services and products from across the entire market, whereas a financial adviser who is “tied” or “multi-tied” can only offer the products from one or a series of companies.

Before you ask for advice, make sure you know which type of adviser you are dealing with. Most financial advisers will charge for their advice.

The charge may be in the form of a fee payable by you or a commission payable by any company that you decide to invest in. If the adviser you choose charges on a commission basis, you should ask how your investments will be affected by the charges.

Your employer may be able to help you find a source of independent financial advice or you can use the contacts below to obtain a list of local companies.

IFA Promotions Limited
www.unbiased.co.uk

It is advisable to check that any company you choose is authorised with the:

Financial Services Authority
25 The North Colonnade
Canary Wharf
London, E14 5HS

Telephone: 0845 606 1234 or visit their website www.fsa.gov.uk
Glossary of common terms

Additional Pension (AP)
An extra amount of annual pension that you (or your employer) have purchased by paying extra contributions.

Additional Voluntary Contributions (AVCs)
Extra contributions that you decide to pay to increase your benefits.

Capital value
This is a definition of the value of your pension as determined by HMRC and is calculated by multiplying your pension by 20 and adding the value of your lump sum.

Career Average Revalued Earnings (CARE)
For Practitioners only. A method of calculating your pension by reference to your earnings over your entire Practitioner membership.

Contributions
The amount needed to be paid into the scheme to pay for the benefits. This is split between members and employers.

Deferred benefits
A pension (and retirement lump sum) that is due to be paid at a later date.

Deferred members
People who have left the Scheme but have not yet taken their pension. These members are also sometimes referred to as being preserved.

Dependant
A spouse, civil partner, nominated qualifying partner or dependent child who qualifies to receive a pension after you die.

Draw down
Taking part of your pension benefits before you retire completely from the NHS.

Final year's pensionable pay
The best year's pensionable pay in the last three years of employment

Flexibility rules
A number of calculation tests applied to Practitioner benefits to ensure that the most beneficial method of calculation is used.

Guaranteed minimum pension
As the Scheme is contracted out of the State Second Pension, this is the minimum amount of pension you will receive from the Scheme.
HMRC
Her Majesty’s Revenue and Customs (formally the Inland Revenue).

Ill health retirement
Being awarded a pension due to being too ill to continue to work.

Injury Benefits Scheme
A scheme that pays you money if you are injured or become ill as a result of your work.

Maximum lump sum
The maximum cash you can take from your pension benefits when you retire. HMRC determine this as being the lower of
- 25% of the available lifetime allowance.
- 25% of the capital value of your benefits to be paid.

Membership
The time you spend at work that counts towards your pension.

Minimum retirement age
This is the earliest age you can take your pension benefits.

NHS Staff
Most employees working for the NHS.

NHS worker
A general term used in this guide to cover all types of NHS related employees and contractors who are able to be in the NHS Pension Scheme

Normal retirement age
The normal retirement age is the age at which pension benefits can be claimed without an actuarial reduction for early payment, and without an actuarial enhancement for late payment.

Members of the Special Classes (which only applies to certain categories of member in the 1995 section of the NHS Pension Scheme) have a normal retirement age of 55.

Pension
An annual amount of income paid once you have retired from the Scheme.

Pensionable pay
The amount of your salary that is used to calculate the amount of contributions you pay.
Pensionable earnings
The amount of your income that represents your earnings for NHS work and is used to calculate the contributions you pay and how much your pension will be. Some members may have been restricted by a maximum amount set by HMRC (the earnings cap) for membership between 1 June 1989 and 31 March 2008 when the limit was removed. Dentists may have previously been affected by a restriction called the Maximum Allowable Remuneration but this was removed from 31 March 2008. Affected members will receive pensions based on capped earnings before the change and uncapped earnings after the 31 March 2008.

Personal pension
A separate pension that you can take out to save towards your retirement.

Practice and Approved Employer Staff
Staff who work for a General Practice or for other employers connected to the NHS for whom agreement has been reached that they can participate or continue in the NHS pension arrangements.

Practitioners
NHS medical, dental and ophthalmic practitioners, including assistants and some locums.

Reckonable pay
The annual average of the best three years’ consecutive pensionable pay in the 10 years before leaving or retirement, re-valued by increases in the Retail Prices Index. Some members may have been restricted by a maximum amount set by HMRC (the earnings cap) for membership between 1 June 1989 and 31 March 2008 when the limit was removed. Additionally dentists may have been affected by a restriction called the Maximum Allowable Remuneration but this also has been removed from 31 March 2008. Affected members will receive pensions based on capped earnings before the change and uncapped earnings after the 31 March 2008.

Retirement lump sum
A cash payment made at the time of retirement. Normally this is three times your pension amount but you can choose to take a bigger lump sum and have a smaller annual pension if you want to. There are some members whose lump sum may be less than 3 x pension if they started membership before 25 March 1972 or if they have elected to buy benefits for a spouse or partner by having a deduction taken from their retirement lump sum.

Revaluation factor
A way of increasing the recorded value of each year’s pensionable earnings to maintain their buying power by reference to current earnings values. Historically these have been linked to the relevant earnings of each group. These have also been called Indexation Factors and Dynamising Factors.
Regulations
The legal framework that sets out the rules of the Scheme.

Scheme
In this guide, the Scheme refers to the NHS Pension Scheme.

Special Class Member
Nurses, midwives, health visitors, physiotherapists and mental health officers in post before 6 March 1995.

State pension
A pension paid when you reach State Pension Age based on your National Insurance payments or credits.

State Second Pension
A separate part of the State pension based on the amount of your earnings since 6 April 1978 on which you have paid National Insurance contributions. Before April 2002, the Second State Pension was known as the State Earnings Related Pension Scheme (SERPS). The Scheme is contracted out of the State Second Pension.

Step down
Choosing to work in a lower paid job as you start to reach retirement.

Uprated earnings
The final value of pensionable earnings after adding all year’s earnings and applying revaluation factors.

Transfer
Moving your pension benefits into or out of a registered pension scheme.

Voluntary early retirement
Choosing to take your pension earlier than the normal retirement age.

the Scheme is contracted out of the State Second Pension
National Health Service Pension Scheme - joiner questionnaire

Surname: __________________________ Other names: __________________________

Title: __________________________ Date of Birth: __________________________ NI No: __________________________

I have membership in another NHS Pension Scheme (Scotland, Northern Ireland or the Isle of Man) and have:

- not had a break in membership of 5 years or more;
- not had a refund of contributions;
- not transferred out the service to another pension provider after 1st April 2008.

I have had a previous employment, which was or is now, part of a TUPE transfer to the NHS?

Yes ☐ No ☐

If you have answered ‘Yes’ to any of the above questions please provide the following information.

If you have answered ‘No’ to both of the above questions there is no need to complete this questionnaire as you have been assigned to the correct section of the pension scheme and no further action is required.

Name and address of your previous pension provider:

________________________________________________________________________________________

Your membership number as provided by your previous pension provider: __________________________

What were the start and end dates for this employment? Start / / End / /

Please provide the name and address of your previous employer:

________________________________________________________________________________________

Was this job full-time or part-time? Full ☐ Part ☐

If you have any documentation from your previous scheme confirming your membership or TUPE status, please send a copy to us with this completed form.

Declaration

- I confirm that all the information I have given on this form is true to the best of knowledge and belief.
- I understand that NHS Pensions may need to contact my previous pension provider to confirm the information I have provided and grant permission for them to do so.
- I understand that if I have previous membership of another NHS pension scheme or TUPE protection that the NHS Pensions Scheme (England & Wales) will be unable to review my scheme membership until they receive this completed questionnaire and any supporting evidence.
- I understand that completing this questionnaire will, where appropriate, not result in my other NHS membership being transferred to the NHS Pensions Scheme (England & Wales). For more information please refer to the Transferring Benefits section of the Scheme Guide.

Signature: __________________________ Date: __________________________

Once completed please send as soon as possible to:

NHS Pensions, Hesketh House, 200-220 Broadway, Fleetwood, Lancashire, FY7 8LG

Once NHS Pensions receive your completed questionnaire we will verify the information provided and write to you to confirm which Section of the Scheme you have been assigned.

For NHS Pension use only SD Number: __________________________